## THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[AHS 1022] OCTOBER 2022 Sub. Code: 1304

## M.Sc. CLINICAL NUTRITION FIRST YEAR

(Candidates admitted from 2012-2013 onwards - Paper - IV) (Candidates admitted from 2020-2021 onwards - Paper - V) PAPER IV & V – ADVANCE NUTRITION

Q.P. Code: 281304

Time: Three hours Answer ALL Questions Maximum: 100 Marks

I. Elaborate on:  $(2 \times 20 = 40)$ 

1. Write about macro-nutrients, its significant and recommendations.

2. What is BMR? Factors affecting BMR.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Explain functions and bio availability of vitamin C.
- 2. Write on the digestion and absorption of carbohydrates.
- 3. What are the functions of fat in human body?
- 4. Differentiate pre-biotics and pro-biotics.
- 5. Write on hypervitaminosis.
- 6. Water plays several roles in our life style processes. Justify the statement giving the functions of water.
- 7. Write on n-3 and n-6 fatty acids.
- 8. Write on anaemia and dietary management.
- 9. Write on nutrient-nutrient interaction.
- 10.Explain on phytates and protease inhibitors.

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