

**THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY**

[AHS 1022]

**OCTOBER 2022**

**Sub. Code: 2022**

**M.Phil. CLINICAL PSYCHOLOGY  
SECOND YEAR (From 2017-2018 onwards)  
PAPER II – PSYCHOTHERAPY AND COUNSELING**

*Q.P. Code : 152022*

**Time: Three hours**

**Answer ALL Questions**

**Maximum: 70 Marks**

**I. Elaborate on:**

**(1 x 20 = 20)**

1. Characteristics, techniques and factors influencing a therapeutic relationship.

**II. Write notes on:**

**(2 x 10 = 20)**

1. Medical and psychosocial aspects of disability.
2. What are the various biofeedback techniques?

**III. Write notes on:**

**(6 x 5 = 30)**

1. Importance of Yoga and Meditation.
2. Eye movement desensitization and reprocessing.
3. Dialectical Behavior Therapy.
4. Importance of evidence based practice therapy.
5. Parental Counseling.
6. Deliberate self Harm.

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