

[LO 1525]

MAY 2019

Sub. Code: 1525

FOURTH B.N.Y.S. DEGREE EXAMINATION

PAPER III – FASTING AND DIET THERAPY

Q.P. Code : 821525

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 15 = 30)

1. Write in detail about Fasting therapy and theory of fasting in Animals.
2. Describe about liver diseases and its dietary management.

II. Write Notes on:

(10 x 5 = 50)

1. Pros and cons of fasting.
2. Role of fasting in chronic diseases.
3. Benefits of fasting.
4. General classification of fasting.
5. Role of Fasting in Obesity.
6. Give a note on wheat grass juice.
7. Harmful effects of preservatives in the food.
8. Geriatric nutrition and diet.
9. Role of fatty acids in coronary heart disease.
10. Irritable bowel syndrome and its dietary management.

III. Short Answers on:

(10 x 2 = 20)

1. Water drinking in fasting.
2. Define Starvation.
3. Dry fasting.
4. What are the changes in the pulse during fasting?
5. Religious fasting.
6. Importance of green leafy vegetables.
7. Acidic foods.
8. Scurvy.
9. Name the active principle present in papaya.
10. Artificial sweeteners.
