

[LO 1522]

MAY 2019

Sub. Code: 1522

THIRD B.N.Y.S. DEGREE EXAMINATION

**PAPER VII – MASSAGE, CHIROPRACTICE OSTEOPATHY AND
AROMATHERAPY**

Q.P. Code : 821522

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 15 = 30)

1. Describe different methods of extraction of aromatic substance from plants? Write down different methods of using essential oils.
2. Classify different massage manipulations and explain the physiological and therapeutical effects.

II. Write Notes on:

(10 x 5 = 50)

1. Chiropractic.
2. Massage of infants.
3. Neck massage.
4. Carrier oils.
5. Stroking.
6. Eucalyptus.
7. Qualities of masseur.
8. History of aromatherapy.
9. Effect of massage upon Nervous system.
10. Scientific and therapeutic effects of stroking.

III. Short Answers on:

(10 x 2 = 20)

1. Reflex areas.
2. Basil.
3. Touch.
4. Osteopathy.
5. Shiatsu.
6. Movements indicated in hypertension.
7. Differentiate active & passive movements.
8. Bergamot.
9. Tea tree.
10. JH.Kellog.
