

[LO 0519]

MAY 2019

Sub. Code: 2011

**M.Phil. CLINICAL PSYCHOLOGY EXAMS**  
**(Regulations for the candidates admitted from 2016-2017 onwards)**  
**SECOND YEAR**  
**PAPER I – PSYCHOTHERAPY & COUNSELLING**

*Q.P. Code : 152011*

**Time: Three hours**

**Maximum : 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Describe in detail about psychosocial rehabilitation plan model along with theoretical evidences for patients suffering from chronic schizophrenia.
2. Explain about the origin and formation of rational emotive behaviour therapy and its current effectiveness in various types of mental disorders.

**II. Write notes on:**

**(10 x 6 = 60)**

1. Ethical and legal issues in therapy practice.
2. Parental counseling for parents with intellectually disabled children.
3. Behaviour modification techniques for Phobias
4. Identification of cognitive distortions and its rectification
5. Interview skills and its importance in case history taking.
6. Socio cultural issues in Indian context of psychotherapy practice.
7. Covert Sensitization training.
8. Schema-focused therapy.
9. Relapse prevention in substance dependants.
10. Autogenic training for anxiety symptoms.

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