

**DIPLOMA IN HEALTH CARE AIDE
FIRST YEAR
PAPER IV – COMMUNITY HEALTH NURSING & HYGIENE**

Q.P. Code: 841824

Time : Three Hours

Maximum : 100 Marks

Answer All questions.

I. Elaborate on:

(3 x 10 = 30)

1. Define epidemiology, mention the aims and uses of epidemiology.
2. Define home visit, explain the roles and responsibilities of community health nurse role in home visit.
3. Define family planning, describe the permanent methods used for male and female.

II. Write notes on:

(10 x 5 = 50)

1. Disease transmission - Explain.
2. Dynamics of disease.
3. Documentation of records and its purposes.
4. Mental health of adolescence.
5. Explain the art of parenting.
6. Discuss the community health nurse role in diabetes mellitus patient in community setting.
7. Menstrual hygiene.
8. Explain the child safety in home setup.
9. Health practices need to maintain healthy life - Explain.
10. Urbanization.

III. Short answers on:

(10 x 2 = 20)

1. List out two family welfare objectives used in family welfare services.
2. Mention two disinfectant to prevent cross infection.
3. How to prevent easily H₁N₁ influenza?
4. Mention two foods that prevent night blindness.
5. Write the two benefits of foot massage.
6. Define oral hygiene.
7. Write the four functions of community health nurse in the primary health center.
8. Define cold chain.
9. Mention any four types of records.
10. List down four infectious diseases.
