

[LQ 1525]

FEBRUARY 2020

Sub. Code: 1525

**FOURTH B.N.Y.S. DEGREE EXAMINATION**

**PAPER III – FASTING AND DIET THERAPY**

*Q.P. Code : 821525*

**Time: Three Hours**

**Maximum : 100 Marks**

**Answer All questions**

**I. Essay Questions:**

**(2 x 15 = 30)**

1. Explain Acute Renal Disease and its causes and prescribe the Diet with justifications.
2. Explain about Thyroid Disorders, its functions, causes, complications, and justify your Diet therapy.

**II. Write Notes on:**

**(10 x 5 = 50)**

1. Mechanism of high Glycemic Index and high Glycemic load foods in Diabetes.
2. Explain on Insulin Resistance and fasting role.
3. What is Crohn's disease and colitis and write its diet therapy?
4. Cardiac markers and diet for IHD.
5. Diet for fatty liver.
6. Write a note on Typhoid and justify the contra indicated foods.
7. Diet for Nephrotic Syndrome.
8. Write a note on Sheehan's syndrome and diet for Obesity.
9. Explain Polycystic ovarian disease and justify your diet prescription.
10. Define Bell's Palsy and justify your diet prescription.

**III. Short Answers on:**

**(10 x 2 = 20)**

1. Contra indications of fasting.
2. Low copper Diet.
3. Misconceptions of fasting.
4. Adverse effects of non vegetarian foods.
5. Auxillaries of fasting.
6. Contra indications of High Fibre Diet.
7. Bland diet.
8. Oxalic rich foods.
9. Importance of mud vessels in health.
10. How to break the fast?

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