

[LP 1521]

OCTOBER 2019

Sub. Code: 1521

THIRD B.N.Y.S. DEGREE EXAMINATION
PAPER VI – NUTRITION AND HERBOLOGY

Q.P. Code : 821521

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 15 = 30)

1. Define Food. Explain the Food group system with examples.
2. Explain the Macroscopic features, properties and uses of :
i) Lemon ii) Fig iii) Grapes

II. Write Notes on:

(10 x 5 = 50)

1. Note on Withania somnifera.
2. Calcium and its importance.
3. Note on Lathyrism.
4. Polyunsaturated Fattyacids.
5. Note on Liquorice.
6. Methods of Milk Pasteurization.
7. Note on Nutritional deficiency.
8. Folic acid-Sources and functions.
9. Effects of processing on nutritive value of foods.
10. Note on Balanced diet.

III. Short Answers on:

(10 x 2 = 20)

1. What is Weaning period?
2. Resistant starch.
3. Condiments and Spices.
4. Properties of ferula assafoetida.
5. Classify Nutrition.
6. List out Millets.
7. Advantages of Sprouting.
8. Food borne infections.
9. Emmenagogue and Cholagogue.
10. Fat soluble Vitamins.
