

[LN 1524]

AUGUST 2018

Sub. Code: 1524

**FOURTH B.N.Y.S. DEGREE EXAMINATION**

**PAPER II – HYDROTHERAPY AND CLAY THERAPY**

*Q.P. Code : 821524*

**Time: Three Hours**

**Maximum : 100 Marks**

**Answer All questions**

**I. Essay Questions:**

**(2 x 15 = 30)**

1. Write about the general rules and principles related to hydrotherapy.
2. Explain in detail about full wet sheet pack.

**II. Write Notes on:**

**(10 x 5 = 50)**

1. Gastro hepatic pack---indications and contraindication.
2. Physiological effects of cold on respiratory and nervous system.
3. Hydriatic prescription for typhoid fever.
4. Write about antithermic and antipyretic effects.
5. Full immersion bath.
6. Effect of hot and cold upon reflex areas.
7. Mud bath—procedure, preparation and effects.
8. Turkish bath.
9. Scotch douche.
10. Poultice---uses, physiological effects and contraindications.

**III. Short Answers on:**

**(10 x 2 = 20)**

1. Tonic effects.
2. Cold spinal bath.
3. Magnesium sulphate.
4. Size of mud pack for adult and its uses.
5. Hydriatic prescription for obesity.
6. Sedative baths.
7. Cullens theory.
8. Superficial reflex areas.
9. Untoward effects of hydrotherapy.
10. Heart tonics.

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