

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[AHS 1123]

NOVEMBER 2023

Sub. Code: 1833

**DIPLOMA IN HEALTH CARE AIDE
SECOND YEAR (Regulation 2016-2017 onwards)
Paper III – MENTAL HEALTH NURSING
Q. P. Code: 841833**

Time: Three hours

Maximum : 100 Marks

Answer ALL Questions

I. Elaborate on: **(3 x 10 = 30)**

1. Explain in detail about the Psychiatric emergencies.
2. Define Mental Health. Write about the characteristics of a mentally healthy person and the trends in Psychiatric Nursing.
3. Define Dementia. List its causes and clinical manifestation and draw a Nursing Care Plan “for a patient with Dementia”.

II. Write notes on: **(10 x 5 = 50)**

1. Management of Aggressive patient.
2. Role of Nurse in Psycho Pharmacology.
3. Techniques of Crisis intervention.
4. Forensic Psychiatry.
5. Admission procedure of mentally ill patients.
6. Family Therapy.
7. Obsessive Compulsive Disorders.
8. Alcohol abuse.
9. Misconceptions towards mentally ill.
10. Basic Rights of Psychiatric patients in Hospital.

III. Short answers on: **(10 x 2 = 20)**

1. Define Insomnia.
2. Enlist the types of Communication.
3. List the steps in history taking.
4. List any four Antidepressants.
5. Define Hypochondriasis.
6. State four Defense mechanisms.
7. Enumerate any two etiologies for Mental illness.
8. Define Psychiatric Nursing.
9. Mention the types of Relationship.
10. Enlist the types of Mood disorders.
