## THE TAMIL NADU DR.M.G.R. MEDICAL UNIVERSITY

[PBBSCN 0523] MAY 2023 Sub. Code: 4883 (FEBRUARY 2023 EXAM SESSION)

## POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE EXAMINATION

(Regulations for candidates admitted from 2010-2011 Session onwards)

## FIRST YEAR PAPER II – NUTRITION AND DIETETICS

Q.P. Code: 684883

Time: Two Hours Maximum: 35 Marks

I. Elaborate on:  $(1 \times 15 = 15)$ 

1. Explain about the importance of Diet Therapy and explain the Dietary modifications for patients suffering from Diabetes Mellitus.

II. Write notes on:  $(2 \times 5 = 10)$ 

- 1. Explain in detail about Protein Calorie Malnutrition.
- 2. Give a detailed note on Nutritional needs for Pre-school Children

## III. Short answers on:

 $(5 \times 2 = 10)$ 

- 1. List any four rich food sources of Vitamin A.
- 2. Give any four advantages of Breast feeding.
- 3. Write any four foods to be avoided in Peptic Ulcer.
- 4. Define Balanced diet.
- 5. What is Protein sparing action?

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