THE TAMIL NADU DR.M.G.R. MEDICL UNIVERSITY

[BSCN 0523] MAY 2023 Sub. Code: 4704 (FEBRUARY 2023 EXAM SESSION)

B.Sc. (Nursing) DEGREE EXAMINATION (Regulations for the candidates admitted from 2006-07 onwards)

FIRST YEAR PAPER IV –PSYCHOLOGY

Q.P. Code: 664704

Time: Three Hours Maximum: 75 Marks

I. Elaborate on: $(2 \times 15 = 30)$

1. Define Mental Health. Explain the characteristics of a Mentally Healthy Person.

2. What is Memory? Explain the techniques to Improve Memory.

II. Write notes on: $(5 \times 5 = 25)$

- 1. Branches of psychology.
- 2. The role of Heredity and Environment in Shaping Behaviour.
- 3. The determination of Attention.
- 4. Techniques of Learning.
- 5. Coping with stress.

III. Short answers on:

 $(10 \times 2 = 20)$

- 1. Define Frustration.
- 2. Enlist Various Conflict.
- 3. List out the Ego Defense Mechanism.
- 4. Mention Psychological reaction to terminal illness.
- 5. Define Mental Health Hygiene.
- 6. Types of Emotions.
- 7. Define Hallucination.
- 8. Principles of Learning.
- 9. Methods of Problem solving.
- 10. Flooding.
