

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[AHS 0523]

MAY 2023

Sub. Code: 2022

**M.PHIL CLINICAL PSYCHOLOGY
SECOND YEAR (From 2017-2018 onwards)
PAPER II – PSYCHOTHERAPY AND COUNSELING**

Q.P. Code: 152022

Time: Three hours

Answer ALL Questions

Maximum: 70 Marks

I. Elaborate on:

(1 x 20 = 20)

1. Describe in detail about procedures and techniques involved in CBT for obsessive compulsive disorder.

II. Write notes on:

(2 x 10 = 20)

1. Motivational interviewing in substance use disorders.
2. Behavior therapy techniques for skills training.

III. Write notes on:

(6 x 5 = 30)

1. Play therapy.
2. Biofeedback.
3. Therapy in crisis condition.
4. Dialectical Behavior therapy.
5. Systematic desensitization.
6. Psychosocial rehabilitation.
