

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BNYS 0323]

MARCH 2023

Sub. Code: 1522

(AUGUST 2022 & OCTOBER 2022 EXAM SESSIONS)

B.N.Y.S. DEGREE EXAMINATION

THIRD YEAR

(For the candidates admitted from the academic year 2011-12)

**PAPER VII – MASSAGE, CHIROPRACTICE OSTEOPATHY &
AROMATHERAPY**

Q.P. Code: 821522

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Write the classification of different types of massage and how it differs from Swedish massage?
2. Write the method of application, dilutions and storage of essential oils.

II. Write Notes on:

(10 x 5 = 50)

1. Rules and regulations relating to massage.
2. Orders of movements of the pelvic massage. Explain briefly about it.
3. Write the therapeutic applications of abdominal massage.
4. Order of movements in foot massage.
5. Write the technique and physiological benefits of meridian massage.
6. Principles and technique of osteopathy.
7. Massage, aromatherapy, osteopathy and chiropractic for sciatica.
8. Write the essential oils for skin problems.
9. Write the combo of menstrual cramp oils and manipulation.
10. Write about kneading and its physiological effects.

III. Short Answers on:

(10 x 2 = 20)

1. Myofascial release technique.
2. Manipulation for varicose vein.
3. Derivative massage.
4. Position during pregnancy massage.
5. Name the aroma oil for reducing stretch marks in abdomen.
6. Note on Castrol oil pack.
7. Write any one method of chiro diagnosis.
8. Massage and aroma prescription for anxiety neurosis.
9. Aroma oils for sinusitis.
10. Hoffinger's method of massage.
