

THE TAMIL NADU DR.M.G.R. MEDICAL UNIVERSITY

[PBBSCN 0224]

FEBRUARY 2024

Sub. Code: 4883

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION**

(Regulations for candidates admitted from 2010-2011 Session onwards)

FIRST YEAR

PAPER II – NUTRITION AND DIETETICS

Q.P. Code: 684883

Time: Two Hours

Maximum: 35 Marks

I. Elaborate on:

(1 x 15 = 15)

1. a) Define Peptic ulcer with its etiological factors.
- b) Dietary management of Peptic ulcer.
- c) Plan a day's menu for a patient with peptic ulcer.

II. Write notes on:

(2 x 5 = 10)

1. Explain about Macro and Micro nutrients.
2. Factors to be considered for planning a diet for Preschool children.

III. Short answers on:

(5 x 2 = 10)

1. Define Balance diet.
2. What are the disease caused by deficiency of Vitamin C and Vitamin D?
3. Write about the advantages of school lunch programme.
4. Define Nutrition Education.
5. Protein and Calcium requirement for infants and children of age group 3 -5 years.
