

**THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY**

**[BOT 0825]**

**AUGUST 2025**

**Sub. Code: 6202**

**BACHELOR OF OCCUPATIONAL THERAPY DEGREE COURSE  
THIRD YEAR - (Candidates admitted from the academic year 2022-2023 onwards)  
PAPER III – O.T. IN PSYCHIATRY**

*Q.P. Code: 786202*

**Time: Three hours**

**Answer ALL Questions**

**Maximum: 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Discuss the application of MOHO in psychiatric occupational therapy for a client with schizophrenia. Include how volition, habituation and performance capacity influence OT assessment and intervention planning.
2. Explain about life skills program for adolescents with Intellectual Impairment.

**II. Write notes on:**

**(8 x 5 = 40)**

1. Apply the concept of “therapeutic use of self” in managing a client with borderline personality disorder.
2. Illustrate how OT uses developmental group techniques in managing childhood psychiatric conditions.
3. Explain the use of a vocational checklist for a client with chronic depression.
4. Demonstrate the role of OT in a geriatric psychiatric unit with examples.
5. Apply the behavioral frame of reference to treat a client with obsessive – compulsive disorder.
6. Justify the need for precautions while working in a psychiatric ward with psychotic clients.
7. Explain how activity grading can benefit a client with anxiety-related disorders.
8. Describe the occupational therapist’s approach in sheltered workshops for individuals with intellectual disabilities.

**III. Short answers on:**

**(10 x 2 = 20)**

1. What is family therapy?
2. What is a projective technique?
3. Mention techniques of behavior therapy.
4. What is a therapeutic community?
5. What is cognitive remediation?
6. Define sensory integration in psychiatric OT.
7. What is the purpose of an interest checklist?
8. Mention assessment methods used in psychiatric OT.
9. Write any two components of a psychosocial OT assessment.
10. List any two MOHO-based intervention techniques.

\*\*\*\*\*

**THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY**

**[BOT 0226]**

**FEBRUARY 2026**

**Sub. Code: 6202**

**BACHELOR OF OCCUPATIONAL THERAPY DEGREE COURSE  
THIRD YEAR - (Candidates admitted from the academic year 2022-2023 onwards)  
PAPER III – O.T. IN PSYCHIATRY**

*Q.P. Code: 786202*

**Time: Three hours**

**Answer ALL Questions**

**Maximum: 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Formulate a comprehensive OT intervention strategy for an adolescent with eating disorder using cognitive-behavioral and psychoanalytical frames of reference.
2. Develop an OT plan for clients in a day care center addressing anxiety and social dysfunction using adaptive skills training and group activities.

**II. Write notes on:**

**(8 x 5 = 40)**

1. Apply interest-based activity analysis in a client with somatoform disorder.
2. Demonstrate OT intervention planning in a client with organic brain syndrome.
3. Explain the use of ADL training in managing clients with major depressive disorder.
4. Illustrate OT strategies to reduce sleep disturbances in bipolar disorder.
5. Apply Mosey's adaptive skills model to structure a group activity for clients with social anxiety.
6. Describe the role of an OT in a government psychiatric hospital.
7. Discuss the OT assessment procedure for a client with suspected psychotic disorder.
8. Describe the OT role in managing psychiatric issues in seizure disorders.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Define a halfway home.
2. What is the aim of pre-vocational assessment?
3. Mention two uses of interview techniques in psychiatry.
4. Write two roles of an OT in a psychiatric team.
5. List any two community-based OT setups.
6. What is the significance of psychodynamic activity analysis?
7. Mention two tools used in personality assessment.
8. Define group therapy.
9. What are the components of vocational rehabilitation?
10. Write any two goals of psychiatric rehabilitation.

\*\*\*\*\*