

[LL 6182]

AUGUST 2017

Sub. Code: 6182

**BOT DEGREE EXAMINATION**  
(New regulations for the candidates admitted from 2014-2015 onwards)  
**THIRD YEAR**  
**PAPER III – OT IN PSYCHIATRY**

*Q.P. Code: 786182*

**Time: Three hours**

**Maximum: 100 Marks**

**I. Elaborate on:** (2 x 20 = 40)

1. Cognitive levels as identified by Claudia Allen and occupational therapy tasks for patients at each level.
2. Social skills training for a 35 year old man with chronic Schizophrenia.

**II. Write notes on:** (8 x 5 = 40)

1. Open system in model of human occupation.
2. Negative symptoms in Schizophrenia.
3. Chaining.
4. ABC theory of Albert Ellis.
5. Burn out in caregivers of people with chronic mental disorders.
6. Kohlberg's stages of moral development.
7. Client-centered practice in mental health occupational therapy.
8. Assertiveness training.

**III. Short answers on:** (10 x 2 = 20)

1. Attention.
2. Leisure.
3. Positive reinforcement.
4. Negative automatic thoughts.
5. Systematic desensitisation.
6. Activity configuration.
7. Reality orientation.
8. Self disclosure.
9. Body image.
10. Sensory diet.

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[LM 6182]

FEBRUARY 2018

Sub. Code: 6182

**BOT DEGREE EXAMINATION**  
(New regulations for the candidates admitted from 2014-2015 onwards)  
**THIRD YEAR**  
**PAPER III – OT IN PSYCHIATRY**

*Q.P. Code: 786182*

**Time: Three hours**

**Maximum: 100 Marks**

**I. Elaborate on:** **(2 x 20 = 40)**

1. King's theory of sensory integration in Schizophrenia.
2. School based intervention for a 10 year old child with Learning Disability.

**II. Write notes on:** **(8 x 5 = 40)**

1. Expressive media used in occupational therapy.
2. Sleep hygiene techniques.
3. Imitative learning.
4. Albert Bandura's social learning theory.
5. Stress-vulnerability model of Schizophrenia.
6. Adapting and modifying tasks.
7. Occupation-centered practice in mental health occupational therapy.
8. Therapist-client interaction.

**III. Short answers on:** **(10 x 2 = 20)**

1. Judgement.
2. Home making skills.
3. Differential reinforcement of incompatible behaviour.
4. Thought diary.
5. Deep breathing technique.
6. Interest checklist.
7. Distraction.
8. Counter transference.
9. Spatial perception.
10. Motivation.

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THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[LN 6182]

AUGUST 2018

Sub. Code: 6182

**BOT DEGREE EXAMINATION**  
**(New regulations for the candidates admitted from 2014-2015 onwards)**  
**THIRD YEAR**  
**PAPER III – OT IN PSYCHIATRY**

*Q.P. Code: 786182*

**Time: Three hours**

**Maximum: 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Explain the role of occupational therapist in depression.
2. Explain the day care centres. What is the role of occupational therapist in day care centre?

**II. Write notes on:**

**(8 x 5 = 40)**

1. Principles of cognitive behaviour therapy.
2. Bandura's social learning theory.
3. Describe the various types of attitudes applied by the therapist.
4. Assessment of children with learning disorder.
5. Subsystem of volition.
6. Advantages of group therapy.
7. Therapeutic value of montage.
8. Magazine picture collage – assessment.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Habits.
2. Immature defences.
3. Metacognition.
4. Abstract thinking.
5. Recreational activities.
6. Dementia.
7. Modelling.
8. Systematic desensitisation.
9. Assertive behaviour.
10. Self-image.

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**BOT DEGREE EXAMINATION**  
**(New regulations for the candidates admitted from 2014-2015 onwards)**  
**THIRD YEAR**  
**PAPER III – OT IN PSYCHIATRY**

*Q.P. Code: 786182*

**Time: Three hours**

**Maximum: 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Describe the Occupational Therapy Assessment and Intervention for a 30 year old business man with Substance abuse disorder.
2. Describe the Occupational Therapy intervention for patients with Obsessive Compulsive Disorder.

**II. Write notes on:**

**(8 x 5 = 40)**

1. Management of a patient with depression.
2. Occupational Therapy for Dependent Personality Disorder.
3. Precautions to be followed with Aggressive patients.
4. Intervention for improving eye contact in persons with autism.
5. Occupational Therapy Intervention for a person with Dissociative seizures.
6. Intervention to improve school performance for children with Attention deficit Hyperactivity.
7. Occupational Therapy intervention to improve home making skills in a patient with Schizophrenia
8. Cognitive Behavior Therapy techniques for maladaptive thoughts in a patient with anxiety.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Therapeutic Communities.
2. Restitution.
3. Arbitrary Inference.
4. Euthymic Mood.
5. Gender Dysphoria.
6. Sublimation.
7. Any two features of Parallel Level group.
8. Specific Learning Disability.
9. Antecedents.
10. Cueing.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[LP 6182]

AUGUST 2019

Sub. Code: 6182

**BOT DEGREE EXAMINATION**  
**(New regulations for the candidates admitted from 2014-2015 onwards)**  
**THIRD YEAR**  
**PAPER III – OT IN PSYCHIATRY**

*Q.P. Code: 786182*

**Time: Three hours**

**Maximum: 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Role of occupational therapist in psychiatric hospital. Add notes on role of activities in psychiatric treatment.
2. Describe the contribution of occupational therapist in the treatment of alcoholism.

**II. Write notes on:**

**(8 x 5 = 40)**

1. Cognitive restructuring.
2. Interpersonal skills.
3. Allen cognitive levels.
4. Role of occupational therapy in management of negative symptoms of schizophrenia.
5. Plan an occupational therapy programme in geriatric unit.
6. Guidelines of counselling.
7. Interest checklist.
8. Half way home.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Group therapy.
2. Insight.
3. Pre-morbid personality.
4. Recreation.
5. Neurosis.
6. Habituation subsystem.
7. Perception.
8. Super-ego.
9. Therapeutic relations.
10. Judgement.

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**BOT DEGREE EXAMINATION**  
**(New regulations for the candidates admitted from 2014-2015 onwards)**  
**THIRD YEAR**  
**PAPER III – OT IN PSYCHIATRY**

*Q.P. Code: 786182*

**Time: Three hours**

**Maximum: 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Describe the Occupational Therapy assessment and intervention for a 19 year old college girl with Bipolar Disorder currently in the manic episode.
2. Describe the application of Behavior Therapy for reducing maladaptive behaviors in an adolescent with Conduct disorder.

**II. Write notes on:**

**(8 x 5 = 40)**

1. Intervention for improving Verbal Social Skills.
2. Application of occupational behavior approach to facilitate a balanced Activity Configuration.
3. Intervention to improve group interaction skills in a patient with paranoid Schizophrenia.
4. Role of Occupational Therapists in the Psychiatric team.
5. Grading of activities to improve decision making skills.
6. Explain the difference between Cognitive distortions and defense mechanisms.
7. Intervention for relapse prevention in patients with Alcohol Dependence Syndrome.
8. Occupational Therapy management for a patient with dissociative motor weakness of lower limb.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Describe two types of delusions.
2. Attitude used in patients with Paranoid Schizophrenia.
3. Determination stage in stages of change.
4. Selective abstractions.
5. Tangentiality.
6. Expressed Emotions.
7. Immediate recall.
8. Cooperative level groups.
9. Sensory diet.
10. Differentiate Concrete and Abstract Thinking.

**THE TAMIL NADU Dr.M.G.R. MEDICAL UNIVERSITY**

**[LR 1220]**

**DECEMBER 2020  
(AUGUST 2020 EXAM SESSION)**

**Sub. Code: 6182**

**BOT DEGREE EXAMINATION  
THIRD YEAR – (Regulation from 2014-2015)  
PAPER III – O.T. IN PSYCHIATRY  
Q.P. Code: 786182**

**Time: Three hours**

**Answer ALL Questions**

**Maximum: 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Describe the Occupational Therapy assessment and intervention for a 30 year old housewife with Depression.
2. Describe the application of developmental groups approach in patients with Paranoid Schizophrenia.

**II. Write notes on:**

**(8 x 5 = 40)**

1. Behavior Therapy for facilitating Adaptive behavior.
2. List Moseys Adaptive Skills. Describe any two related to interaction skills.
3. Occupational Therapy for memory impairment and confusion.
4. Activities suitable for patients with poor frustration tolerance.
5. Occupational Therapy Management for patients with Preoccupation due to Hallucinations.
6. Discuss briefly any two approaches used for children with Autism.
7. Intervention for reducing obsessive compulsive behavior of repeated checking.
8. Occupational Therapy Management for poor self confidence.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Thought Broadcasting.
2. Any two activities suitable for Project level groups.
3. Subsystems of Model of Occupation according to hierarchy.
4. Any two projective techniques designed by Occupational Therapists.
5. Assessment for concentration.
6. Sensory Seeking Behaviors.
7. Asociality.
8. Milieu Therapy.
9. State the Approach where unconditional Positive regard is used.
10. Any two verbal social skills.

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**THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY**

**[BOT 0921]**

**SEPTEMBER 2021  
(FEBRUARY 2021 EXAM SESSION)**

**Sub. Code: 6182**

**BOT DEGREE EXAMINATION  
THIRD YEAR - (Regulations for the candidates admitted from 2014-2015 onwards)  
PAPER III – O.T. IN PSYCHIATRY  
*Q.P. Code : 786182***

**Time : Three hours**

**Answer ALL Questions**

**Maximum : 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Describe the goals and roles of the occupational therapist in each level of the developmental group.
2. Describe the application of cognitive behaviour approach for a client with depression.

**II. Write notes on:**

**(8 x 5 = 40)**

1. Therapeutic values of finger painting.
2. Psychiatric rehabilitation.
3. Psychodynamics of activities.
4. Piaget's stages of cognitive development.
5. Explain any five safety precautions.
6. Schedules of reinforcement with example.
7. Types of interview with example.
8. Role of occupational therapist in dealing with children diagnosed to have autism spectrum disorder.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Self-efficacy.
2. Social withdrawal.
3. Psychosis.
4. Role play.
5. Leisure activities.
6. Mature defences.
7. Conduct disorder.
8. Sensory integration.
9. Altruism.
10. Time scheduling.

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**THE TAMIL NADU Dr.M.G.R. MEDICAL UNIVERSITY**

**[BOT 0122]**

**JANUARY 2022  
(AUGUST 2021 EXAM SESSION)**

**Sub. Code: 6182**

**BACHELOR OF OCCUPATIONAL THERAPY DEGREE COURSE  
THIRD YEAR - (Regulations for the candidates admitted from 2014-2015 onwards)  
PAPER III – O.T. IN PSYCHIATRY  
*Q.P. Code : 786182***

**Time : Three hours**

**Answer ALL Questions**

**Maximum : 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Social skills training for 40 years old man with Paranoid schizophrenia.
2. Explain the role of Occupational therapist in Phobic disorders.

**II. Write notes on:**

**(8 x 5 = 40)**

1. Assessment of patients with Mania.
2. How to select activities for psychiatric patients.
3. Token economy.
4. Activities to improve money management skills.
5. Occupational therapy intervention to improve home making skills in patient with Depression.
6. Safety precaution in psychiatric unit.
7. Day care centers.
8. Management for Dementia.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Delusion of grandeur.
2. What are the signs of bipolar disorder.
3. Insomnia.
4. Denial.
5. What are the 4 types of Obsessive Compulsive Disorder.
6. Interest in Model Of Human Occupation.
7. Kleptomania
8. Inhalant use disorder.
9. Psychogenic vomiting.
10. Super Ego.

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**THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY**

**[BOT 0622]**

**JUNE 2022  
(FEBRUARY 2022 EXAM SESSION)**

**Sub. Code: 6182**

**BACHELOR OF OCCUPATIONAL THERAPY DEGREE COURSE  
THIRD YEAR - (Regulations for the candidates admitted from 2014-2015 onwards)  
PAPER III – O.T. IN PSYCHIATRY  
*Q.P. Code : 786182***

**Time : Three hours**

**Answer ALL Questions**

**Maximum : 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Explain OT management for Substance related disorders.
2. Describe the Occupational Therapy Assessment and Intervention for a 10 years old male child with Autism Spectrum Disorder.

**II. Write notes on:**

**(8 x 5 = 40)**

1. Role of OT in day care centre.
2. ABC theory of Albert Ellis.
3. Precautions to be followed with Aggressive patients.
4. Expressive media used in occupational therapy.
5. Activities to improve money management skills.
6. Psychiatric rehabilitation team.
7. Explain Schedules of reinforcement with example.
8. Assertiveness training.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Sensory diet.
2. Define Leisure.
3. Sensory Seeking Behaviors.
4. Time scheduling.
5. Cognitive restructuring.
6. Post partum depression.
7. Systematic desensitisation.
8. Insomnia.
9. Delusion of control.
10. Antecedents.

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**THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY**

**[BOT 1022]**

**OCTOBER 2022  
(AUGUST 2022 EXAM SESSION)**

**Sub. Code: 6182**

**BACHELOR OF OCCUPATIONAL THERAPY DEGREE COURSE  
THIRD YEAR - (Regulations for the candidates admitted from 2014-2015 onwards)  
PAPER III – O.T. IN PSYCHIATRY  
Q.P. Code : 786182**

**Time : Three hours**

**Answer ALL Questions**

**Maximum : 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Explain the role of occupational therapist in Somatoform disorders.
2. Describe the Occupational Therapy Assessment and Intervention for a 35 years old secretary with Eating and sleep disorders.

**II. Write notes on:**

**(8 x 5 = 40)**

1. Therapeutic community.
2. Mosey's adaptive skills.
3. Attitudes of Therapist.
4. Developmental groups.
5. Sensory integration for chronic schizophrenia.
6. Half way homes.
7. Advantages of group therapy.
8. Management for Dementia.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Define Perception.
2. Body image.
3. Over correction.
4. Super Ego.
5. Counter transference.
6. Interpersonal skills.
7. Negative automatic thoughts.
8. Milieu Therapy.
9. Altruism.
10. Role play.

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**THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY**

**[BOT 0423]**

**APRIL 2023  
(FEBRUARY 2023 EXAM SESSION)**

**Sub. Code: 6182**

**BACHELOR OF OCCUPATIONAL THERAPY DEGREE COURSE  
THIRD YEAR - (Regulations for the candidates admitted from 2014-2015 onwards)  
PAPER III – O.T. IN PSYCHIATRY**

*Q.P. Code: 786182*

**Time : Three hours**

**Answer ALL Questions**

**Maximum : 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Behavioral approach to rehabilitation of patients with Substance use disorders.
2. Plan out Occupational Therapy management for a 45 years old male working as a Professor in a college diagnosed as Obsessive Compulsive Disorder.

**II. Write notes on:**

**(8 x 5 = 40)**

1. Anti-social personality disorder.
2. Explain the causes for mood disorders.
3. Verbal skills training.
4. Chaining.
5. Counseling care takers of psychiatric clients.
6. Anti psychotic drugs.
7. Halfway homes.
8. Awareness group.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Firm kindness.
2. Repression.
3. Interest checklist.
4. Warmth.
5. Leisure activities.
6. Conflict.
7. Scheduling.
8. Oral stage.
9. Narcolepsy.
10. Binge eating disorder.

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**THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY**

**[BOT 1123]**

**NOVEMBER 2023  
(AUGUST 2023 EXAM SESSION)**

**Sub. Code: 6182**

**BACHELOR OF OCCUPATIONAL THERAPY DEGREE COURSE  
THIRD YEAR - (Regulations for the candidates admitted from 2014-2015 onwards)  
PAPER III – O.T. IN PSYCHIATRY**

*Q.P. Code: 786182*

**Time : Three hours**

**Answer ALL Questions**

**Maximum : 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Describe the Occupational Therapy intervention for adolescent boy aged 17 years with Gender Dysphoria.
2. Discuss OT assessment, treatment for Social Communication Disorder.

**II. Write notes on:**

**(8 x 5 = 40)**

1. Safety precautions for depression.
2. Burn out in caregivers of people with chronic mental disorders.
3. Management of a patient with Mania.
4. Discuss briefly any two approaches used for children with ADHD.
5. Explain the difference between Cognitive distortions and defense mechanisms.
6. Stress-vulnerability model of Schizophrenia.
7. Stages of insight.
8. Principles of cognitive behavior therapy.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Interest check list.
2. Types of Delusion.
3. Reality orientation.
4. Judgement.
5. Activity configuration.
6. Asociality.
7. Any two activities suitable for co-operative level groups.
8. Assessment for concentration.
9. Delusion of grandeur.
10. Drama Therapy.

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**THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY**

**[BOT 0824]**

**AUGUST 2024**

**Sub. Code: 6182**

**BACHELOR OF OCCUPATIONAL THERAPY DEGREE EXAMINATION  
THIRD YEAR - (Regulations for the candidates admitted from 2014-2015 onwards)  
PAPER III – O.T. IN PSYCHIATRY**

*Q.P. Code: 786182*

**Time: Three hours**

**Answer ALL Questions**

**Maximum: 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Discuss the application of sensory integration approach for a person with chronic schizophrenia.
2. What are the signs and symptoms of chronic anxiety and explain the occupational therapy management.

**II. Write notes on:**

**(8 x 5 = 40)**

1. Open system in model of human occupation.
2. Behavioural addiction.
3. Chaining.
4. Hypochondriasis.
5. Halfway home.
6. Compare the cognitive distortions and defense mechanisms.
7. Observation method.
8. Causes of insomnia.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Alcoholic hallucinosis.
2. Flight of ideas.
3. Anhidonia.
4. Trichotillomania.
5. Systematic desensitisation.
6. Activity configuration.
7. Regression.
8. Define impulsivity.
9. What is positive practice?
10. Altruism.

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**THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY**

**[BOT 0225]**

**FEBRUARY 2025**

**Sub. Code: 6182**

**BACHELOR OF OCCUPATIONAL THERAPY DEGREE COURSE  
THIRD YEAR - (Regulations for the candidates admitted from 2014-2015 to 2021-2022)  
PAPER III – O.T. IN PSYCHIATRY**

*Q.P. Code: 786182*

**Time: Three hours**

**Answer ALL Questions**

**Maximum: 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Prevocational training for 18 years old male with mental retardation.
2. Kings theory of sensory integration in schizophrenia.

**II. Write notes on:**

**(8 x 5 = 40)**

1. Antipsychotic drugs.
2. Activities to improve money management skills.
3. Differentiate between cognitive distortion and defense mechanism.
4. Management of patient with mania.
5. Projective techniques.
6. Role of occupational therapy in anorexia nervosa.
7. Occupation centred practice in mental health occupational therapy.
8. Therapist client relationship.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Post partum depression.
2. Egocentric cooperative group.
3. Agoraphobia.
4. Pica.
5. Hypochondriasis.
6. Enuresis.
7. Neologisms.
8. Factitious disorder.
9. Munchausen syndrome.
10. Panic disorder.

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**THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY**

**[BOT 0825]**

**AUGUST 2025**

**Sub. Code: 6182**

**BACHELOR OF OCCUPATIONAL THERAPY DEGREE COURSE  
THIRD YEAR - (Candidates admitted from the academic year 2014-2015 to 2021-2022)  
PAPER III – O.T. IN PSYCHIATRY**

*Q.P. Code: 786182*

**Time: Three hours**

**Answer ALL Questions**

**Maximum: 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Discuss OT management for a 35-year-old woman with borderline personality disorder experiencing interpersonal conflicts.
2. Explain in detail the OT management for a 23-year-old male student with extreme anxiety disorder with physical symptoms like sweating and rapid heartbeat.

**II. Write notes on:**

**(8 x 5 = 40)**

1. Explain the value of group therapy in psychiatry and outline its types.
2. Describe the role of OT in addressing social withdrawal in a client with schizophrenia.
3. Explain the OT approach to addressing functional limitations in clients with conversion disorder.
4. Role of OT in Government Mental Hospitals.
5. What strategies are used to help clients manage psychosomatic symptoms in daily life?
6. OT management for Pseudo seizures.
7. Korsakoff' psychosis.
8. Discuss in brief the assumptions of Cognitive Behavioral Therapy.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Electroconvulsive therapy.
2. Token economy.
3. Day care centers.
4. Intellectual insight.
5. Perseveration.
6. Flight of ideas.
7. Hypersomnia.
8. Volition.
9. Akathisia.
10. Define Mood.

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