

FEBRUARY 2008

[KS 1341]

Sub. Code : 1341

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE
EXAMINATION.

First Professional Course

Part I

ASHTANGA HRDHYAM

Q.P. Code : 641341

Time : Three hours

Maximum : 100 marks

Theory : Two hours and
forty minutes

Theory : 80 marks

M.C.Q. : Twenty minutes

M.C.Q. : 20 marks

Answer ALL questions.

I. Long Essay : (2 × 15 = 30)

1. Write about अधारणीय वेगा's (Adharaneeya Vega's).
2. स्थान of दोष and their सामान्योपक्रम (Sthana of Dosha and Samanya Upakarma).

II. Short notes :

(10 × 5 = 50)

1. दोष सञ्चारं (Dosha Sanchara).
2. दधि and तक्र (Dadhi and Takra).
3. शरदृतुचर्य (Sarat ritucharya).
4. पञ्चपित्त (Pancha pitta).
5. रसोत्पत्ति and रस लक्षण (Rasootpatti, Rasa lakshana).
6. अजीर्ण भेद and चिकित्सा (Ajeerna Beda and Chikitsa).
7. त्रयोपस्तम्भ (Trayupastamba), detail about Nidra.
8. परमौषध (Paramoushadha).
9. चिकित्सा पाद (Chikitsa pad's).
10. अभ्यङ्ग and उद्वर्तन (Abhyanga and Udwartana).

August 2008

[KT 1341]

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B.A.M.S. (AYURVEDACHARYA) DEGREE
EXAMINATION.

First Professional Course

Part I

ASHTANGA HRDHYAM

Q.P.Code : 641341

Time : Three hours

Maximum : 100 marks

Answer ALL questions.

- I. Long Essay : (2 × 15 = 30)
 1. Write about adharaneeya vega's.
 2. Explain about the administration of nasya in detail.
- II. Short notes : (10 × 5 = 50)
 1. Phala varga (Group of fruits).
 2. Anuvasana vasthi.

August 2008

3. Greeshma Rtu charya.
4. Dadhi.
5. Rasootpathi and rasa lakshana.
6. Basthi nethra (Enema nozzle).
7. Paramoushadha.
8. Chikitsa padam.
9. Prabhava.
10. Athi sthoola chikitsa.

III. Short answers :

(10 × 2 = 20)

1. Write about the koshta beda.
2. Udhvarthana.
3. Name the adharaneeya vega's.
4. Define 'Virudha ahara'.
5. Prakrutha dhathu karma (Function of dhathu).
6. Define "Anupanam".

7. Define "Vyayamam".
 8. $V\bar{a}$ tagna gana.
 9. Svedhana phala.
 10. Shodhana phala.
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FEBRUARY - 2009

[KU 1341]

Sub. Code : 1341

(आयुर्वेदाचार्यः)

B.A.M.S.(AYURVEDACHARYA) DEGREE
EXAMINATION.

First Professional Course

ASHTANGA HRIDHAYAM

(Sutsrasthanam)

Q.P. Code : 641341

Time : Three hours

Maximum : 100 marks

Answer ALL questions.

- I. Long Essay : (2 × 15 = 30)
1. Describe in detail the kinds of therapies as said in द्विविधौषधविज्ञानीयमअध्यायम (the knowledge of two kinds of therapy chapter).
 2. Explain about the thrayo upasthambas.
- II. Write Short notes: (10 × 5 = 50)
1. पित्तोपक्रम (Treatment for Pitta dosha).
 2. सामदोषलक्षण (signs of dosha mixed with āma).

3. अञ्जन विधि (procedure for Anjana application).
 4. Yasya roga (याप्य रोगा).
 5. वृद्ध धातु कर्म (function of increased dhathu).
 6. षड् रस लक्षणा.
 7. Abhyanga.
 8. Vamathu rodha.
 9. Madhu (honey).
 10. Snehyah (people fit for sneha pana).
8. Gandusha.
 9. Asadhya roga.
 10. Write about Yamaka, Trivrit and Mahan.

III. Short answers : (10 × 2 = 20)

1. Udhvarthana.
2. Takra guna.
3. Aja maamsa guna.
4. Nasya phala.
5. Function of Prana vatha.
6. Name the five types of Vata, Pitta, Kapha.
7. RTU Sandhi.

August - 2009

[KV 1341]

Sub. Code : 1341

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE
EXAMINATION.

First Professional Course

ASHTANGA HRIDHAYAM

(Sutrasasthanam)

Q.P. Code : 641341

Time : Three hours

Maximum : 100 marks

Answer ALL questions.

- I. Long Essay : (2 × 15 = 30)
1. Pareekshya Bhaavas; (Trividha) Rogakaarana.
 2. Define Ama; its Utpatti; Saamadosha lakshana and its Chikitsa.
- II. Short notes : (10 × 5 = 50)
1. Vasanta Ritu Carya.
 2. Vipaaka.
 3. Ajeernabheda and its management.

4. Ojas.
 5. Divisions of Kapha.
 6. Doshasancaara.
 7. Brumhaneenaya; Atibrumhana Lakshana.
 8. Samyaksnigdha Lakshana; Swedana Phala.
 9. Vamana Vidhi.
 10. Vasti Vidhi.
- III. Short answers : (10 × 2 = 20)
1. Gurvaadi Gunas.
 2. Anagneya Sweda.
 3. Tila Taila Guna.
 4. Dhaaraneeya Vega.
 5. Hamsodaka.
 6. Shukra Rodha Lakshana.
 7. Types of Langhana.
 8. Matravasti.
 9. Anupaana.
 10. Lavana Rasa Karma.

February 2011

[KY 1341]

Sub. Code : 1341

B.A.M.S. (AYURVEDACHARYA) DEGREE EXAMINATION.

(First Professional Course)

(Re-Revised Regulations from 2006–2007 onwards)

ASTANGA HRIDAYAM

(SUTSRASTHANAM)

Q.P. Code : 641341

Time : Three hours

Maximum : 100 marks

Answer ALL questions.

I. Essay : (2 x 15 = 30)

1. Explain Ama, ITS Utpatti, Chikitsa and Amadosha Lakshana.
2. Prakruta and Vridha Karma of Dosa, Dhatu and mala – Explain.

II. Short notes : (10 x 5 = 50)

1. Write azeerna bheda and its chikitsa.
2. Ahara vidhi.
3. Explain properties of dadhi and takram.
4. Explain vasantha rito carya.
5. Write vata upakarma
6. Enumerate sneha anarha
7. Panca pitta – explain.
8. Dosa Sancharam.
9. Roga margam.
10. Ojas.

III. Short Answers : (10 x 2 = 20)

1. Samyak Snigdha lakshana.
 2. Types of Langhana.
 3. Matravasti.
 4. Yantra Karma.
 5. Dasa vidha papa karma.
 6. Nyagro dhadhi gana.
 7. Gangambu
 8. Nasyaphala.
 9. Virudha Lakshana
 10. Nidra Rodha lakshana and Chikitsa.
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August 2011

[KZ 1341]

Sub. Code : 1341

B.A.M.S. (AYURVEDACHARYA) DEGREE EXAMINATION.

Third Professional Course

PAPER II – ASHTANGA HRIDHAYAM

(Sutrashtanam)

Q.P. Code : 641341

Time : Three hours

Maximum : 100 marks

Answer ALL questions.

I. Long Essay:

(2 x 15 = 30)

1. Write the Sthana of Dosha and their Samanya Upakrama.
2. Write Aushada Kala.

II. Short notes :

(10 x 5 = 50)

1. Asraya Asrayi Sambandha.
2. Ayurvedavataranam.
3. Write Roga Marga in detail.
4. Explain Roga Bedha.
5. Write Greesma ritucarya.
6. Write the Samyak Yoga, Ayoga and Atiyoga Laksana of Ksara.
7. Explain Panca vata.
8. Write Nasya Vidhi.
9. Write about Vyayama and Snana.
10. Explain Anupana.

III. Short Answers :

(10 x 2 = 20)

1. Dasamoolam.
2. Vidaryadi Gana.
3. Alasala – Explain.
4. Acchapana Matra.
5. Nidra.
6. Ritu Sandhi.
7. Enumerate Anuyantra.
8. Explain Kabala, Gandusa.
9. Write Nirvicha Jalooka Laksana.
10. Explain Vicitra Pratyayarabda.

February 2012

[LA 1341]

Sub. Code: 1341

**B.A.M.S. (AYURVEDACHARYA) DEGREE EXAMINATION
FIRST PROFESSIONAL COURSE
PAPER-II ASTANG HRIDAYAM (SUTSRASTHANAM)**

Q.P. Code: 641341

Time: Three Hours

Maximum: 100 marks

Answer ALL questions

I. Elaborate on: (2X15=30)

1. "Vegannadhaarayet.....". Complete and explain in detail.
2. Matraashanam and the nidana, bheda, lakshanas and treatment of Ajeerna.

II. Write notes on: (10×5=50)

1. Describe Chatuspada of chikitsa along with their Gunas.
2. Explain Ksheera Varga
3. Enumerate the Viharas advised after Sneha pana.
4. Explain the Vriddhi and Kshaya lakshanas of Ojas along with treatment.
5. Classify Sweda in detail.
6. Mention the contraindications of Vamana.
7. Describe Pachaka pitta in detail.
8. Mention the classification of Nasya.
9. Explain Pitta Upakrama.
10. Enumerate the contraindications of Sira Vyadha.

III. Short Answers (10×2=20)

1. Paschat karma of Samyag dagdha.
2. Indications of Aragwadhadi gana.
3. Karshyameva varam sthoulyat.
4. Apakva Vrana.
5. Utility of Veeratarvadi Gana.
6. Salya Gatis.
7. Number of shastras with names of any three.
8. Types of Gandusha
9. Which is the most important yantra and why?
10. Explain the Parama Oushadhas.

[LB 1341]

Sub. Code: 1341

**FIRST PROFESSIONAL B.A.M.S. DEGREE EXAM AUGUST 2012
PAPER-II ASTANG HRIDAYAM (SUTSRASTHANAM)**

Q.P. Code: 641341

Time: 180 minutes

Maximum: 100 marks

Answer ALL questions in the same order

I. Elaborate on:

**Pages Time Marks
(Max.)(Max.)(Max.)**

- | | | | |
|--|----|----|----|
| 1. Write about "Dosha bheda" in detail. | 16 | 25 | 15 |
| 2. Dravya maeva rasadeenam..... Explain. | 16 | 25 | 15 |

II. Write notes on:

- | | | | |
|---|---|---|---|
| 1. Susaadhya roga lakshanas. | 3 | 8 | 5 |
| 2. Adharaneeya vegas and explain pureesha vega dharana. | 3 | 8 | 5 |
| 3. Padachatushtayam. | 3 | 8 | 5 |
| 4. Benefits and contraindications of abhyangam. | 3 | 8 | 5 |
| 5. Explain gurvadi guna with nirukthi. | 3 | 8 | 5 |
| 6. Vasantha ritucharya. | 3 | 8 | 5 |
| 7. Qualities of ghrita. | 3 | 8 | 5 |
| 8. Nasya karma vidhi. | 3 | 8 | 5 |
| 9. Asrayaasrayi bhavam. | 3 | 8 | 5 |
| 10. Abhyantara roga marga and diseases. | 3 | 8 | 5 |

III. Short Answers

- | | | | |
|------------------------------|---|---|---|
| 1. Benefits of Udhvartanam. | 1 | 5 | 2 |
| 2. Classification of vasthi. | 1 | 5 | 2 |
| 3. Define Ama. | 1 | 5 | 2 |
| 4. Properties of Ushnodaka. | 1 | 5 | 2 |
| 5. Ritu sandhi. | 1 | 5 | 2 |
| 6. Benefits of Nidra. | 1 | 5 | 2 |
| 7. Define vipaka. | 1 | 5 | 2 |
| 8. Dosa gati. | 1 | 5 | 2 |
| 9. Types of Swedana. | 1 | 5 | 2 |
| 10. Oushadha kala. | 1 | 5 | 2 |

APRIL 2013

[LC 1341]

Sub. Code: 1341

**FIRST PROFESSIONAL B.A.M.S. DEGREE EXAM - APRIL 2013
PAPER-II ASTANG HRIDAYAM (SUTSRASTHANAM)**

Q.P. Code: 641341

Time: Three Hours

Maximum: 100 marks

Answer ALL questions

I. Elaborate on:

2 X 15 = 30

1. Explain in detail about "DOSOPAKRAMANIYAM".
2. Write about division of dosas and the samanya karma of dosa, dhatu and mala.

II. Write notes on:

10 X 5 = 50

1. Padachathushtayam.
2. Explain about Ojas, its vruddhi and kshaya lakshana.
3. Madhura rasa.
4. Viruddhahara.
5. Explain about vyayama and snana.
6. Peyadi krama and its benefits.
7. Trayopasthamba.
8. Nasya vidhi.
9. Indication and contraindication of snehana.
10. Sthana and bheda of vata.

III. Short Answers

10 X 2 = 20

1. Dasavidha papa karma.
2. Abhyanga.
3. Goksheera gunam.
4. Ritu sandhi.
5. Dharaneeya vega.
6. Oushadha kala.
7. Definition and classification of Shodhana.
8. Definition of ama.
9. Asrayaasrayi bhava.
10. Dasavidha pareeksha.

[LD 1341]

Sub. Code: 1341

FIRST PROFESSIONAL B.A.M.S. DEGREE EXAM – AUGUST 2013

Paper – II ASTANG HRIDAYAM (SUTSRATHANAM)

Q.P. Code: 641341

Time: Three Hours

Maximum: 100 marks

Answer ALL questions

I. Elaborate on:

2 X 15 = 30

1. Rasas, their classification, guna, karma and importance in treatment.
2. Sthanas and Karma of the five types of Vata, Pitta and Kapha.

II. Write notes on:

10 X 5 = 50

1. Classify Asadhya Rogas and enumerate their lakshanas.
2. Describe Kritanna varga.
3. Importance of Shodhana and the ideal Ritus to administer it.
4. Describe Ajeerna along with its types.
5. Explain Dravya and its Ashrayees.
6. Explain the importance of Vasti and list its indications.
7. Explain the time of administration of Nasya.
8. Enumerate the conditions resulting from Dushta Rakta.
9. Describe Pachyamana Vrana lakshanas.
10. Cite the importance of Aschotana and explain its method of administration.

III. Short Answers

10 X 2 = 20

1. Atidagdha lakshanas.
2. Vidaryadi Gana.
3. Vasti Netra.
4. Administration of Sweda
5. Benefits of Sneha Karma.
6. Nasya and its classification.
7. Mutra Varga.
8. Indications of Surasadi Gana.
9. Importance of Snana.
10. Vamana Vidhi.

[LE 1341]

Sub. Code : 1341

FIRST B.A.M.S DEGREE EXAMINATION – FEBRUARY 2014
PAPER – II - ASTANGA HRIDAYAM (SUTSRASTHANAM)
Q.P. Code : 641341

Time : Three hours

Maximum : 100 Marks

Answer ALL Questions

I. Essay Questions (2x15=30)

1. Write in detail about symptoms & management of adharaniya vegas.
2. Describe in detail about types of sneha dravyas, their properties, dosage, time of administration, samyak snigdha lakshanas.

II. Short Notes (10x5=50)

1. Write about kshira samanya gunas.
2. Diseases caused by ama dosha.
3. Different types of anupana for different foods.
4. Locations & functions of 5 types of vata.
5. Define viruddha ahara & quote some examples.
6. Describe in detail about shakha varga.
7. Enumerate the diseases caused in trividha roga marga.
8. Describe peyadi karma & its benefits.
9. Types of nasya karma & its benefits.
10. Indications of dhumapana & its benefits.

III. Short Answers (10x2=20)

1. Define dravya.
2. Contraindications of taking bath.
3. Contraindications of jala pana.
4. Properties of madhu.
5. Enumerate the drugs of aragwadhadi gana.
6. Enumerate the types of anagni sweda.
7. Benefits of shodhana karma.
8. Difference between gandusha & kabala.
9. Indications of agni karma.
10. Describe tantra lakshana.

[LE 1341]

Sub. Code : 1341

**FIRST B.A.M.S DEGREE EXAMINATION – AUGUST 2014
PAPER – II - ASTANGA HRIDAYAM (SUTSRASTHANAM)**

Q.P. Code : 641341

Time : Three hours

Maximum : 100 Marks

Answer ALL Questions

I. Essay Questions (2x15=30)

1. Write in detail about varshartu charya.
2. Describe in detail about langhana & brimhaniya therapies.

II. Short Notes (10x5=50)

1. Classification of diseases based on prognosis.
2. Describe phala varga.
3. Principles of management of vitiated dhatu & malas.
4. Describe aushadha kalas.
5. Contraindications of sweda karma.
6. Indications of vamana karma.
7. Importance of vasti karma and procedure of uttaravasti.
8. Benefits of kabalagraha.
9. Indications of vasti karma.
10. Describe ashta prakritis.

III. Short Answers (10x2=20)

1. Benefits of applying anjana.
2. Contraindications of vyayama.
3. Benefits of abhyanga.
4. Diseases caused by drinking polluted water.
5. Enumerate the drugs of varanadi gana.
6. Action of sneha & sweda karmas.
7. Properties of kshara.
8. Dimensions of vasti netra.
9. Define kalpana.
10. Enumerate the types of tantra doshas.
