

APRIL - 2001

[KD 1311]

FIRST B.A.M.S. DEGREE EXAMINATION.

(Revised Regulations)

First Professional Course — Part I

Paper II — ASHTANGA SANGRAHA  
(Sootrasthana)

Time : Three hours

Maximum : 100 marks

Answer in English or Sanskrit only.

Use Devanagari script while writing Sanskrit.

Answer Section A and B in separate answer books.

SECTION A

1. Describe padachatushtaya of Chikitsa along with lakshanas of sad'dhya, k̄chra sad'dhaya and anupakrama vyadhis. (10)
2. Write the consequences of rodha of shakrt and mutra along with their treatment. (5)
3. With two examples, explain how you identify poisoned food. (5)

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4. Write the properties of parthivadi dravyas. (5)
5. Write the lakshanas and karmas of lavana and tikta rasas. (5)
6. Write briefly on any FOUR of the following :  
(4 × 5 = 20)
- (a) Dosha prakrti  
(b) Abhyangam  
(c) Nidra  
(d) Gavyam payah  
(e) Virud'dham aharam.

SECTION B

7. Describe Ama and its treatment. (10)
8. Write two examples each for madhura dravyas which do not increase kapha and amla dravyas which do not increase pitta. (5)
9. Write vrid'dhi kshaya lakshanas of rakta and meda. (5)

10. How ashraya-ashrayi relation of asthi and vayu differ in comparison with that of other dhatus and doshas. (5)
11. Who deserve brushana and who deserve langhana? (5)
12. Write briefly on any FOUR of the following :  
(4 × 5 = 20)
- (a) Ajeernam  
(b) Aushadhakalam  
(c) Dashavidha pareeksha  
(d) Chaya-Prakopa and prashana of doshas in different rtus due to specific combinations of gunas  
(e) Ojus.

NOVEMBER - 2001

[KE 1311]

FIRST B.A.M.S. DEGREE EXAMINATION.

(Revised Regulations)

First Professional Course

Part I

Paper II — ASTANGA SANGRAHA

(SUTHRA STHĀNA)

Time : Three hours

Maximum : 100 marks

Answer in English or Sanskrit only.

Use Devanagari script while writing Sanskrit.

Answer Sections A and B in separate answer books.

SECTION A

1. Explain the importance of 'Sadvritta' and 'Sadāchāra' with relevance to Ayurveda. (10)
2. Write about 'Agantuja rogas' and their chikitsa. (5)
3. Write the important locations and functions of five types of Vatha. (5)
4. Write the properties and uses of 'Madhu' and 'Ghritha'. (5)
5. Explain the trividha Chikitsas. (5)

6. Write short notes on any FOUR of the following :  
(4 × 5 = 20)

- (a) Trividha Vipaka
- (b) Shishya gunas
- (c) Ruthu sandhi
- (d) Gramya dharma
- (e) Gunas and karmas of Pippalyadi gana dravyas.

SECTION B

7. Explain the important classification of diseases. (10)
8. Write the properties and uses of Ksharas. (5)
9. Explain the classification of dhoomapāna. (5)
10. Establish the mutual relationship between 'Kāla' and 'Oushadha'. (5)
11. Write in brief about the 'roga mārgas'. (5)
12. Write short notes on any FOUR of the following :  
(4 × 5 = 20)

- (a) Pramāda dagda
- (b) Samanya upakramas of Pitta
- (c) Stoulya kāranas
- (d) Samyak Snigda Lakshanas
- (e) Tarpana and Putapāka.

MARCH - 2002

[KG 1311]

(आयुर्वेदाचार्यः)

FIRST B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

First Professional Course  
(Revised Regulations)

Part I

Paper II — ASHTANGA SANGRAHA  
(SOOTRASTHANA)

Time : Three hours Maximum : 100 marks

Answer in English or Sanskrit only.

Use Devanagari script while writing Sanskrit.

Answer Section A and Section B  
in separate answer books.

SECTION A

1. Describe the carya of sarad rtu (शरत् ऋतु चर्या -  
Regimen of Autumn). (10)
2. Write the complications of Chardi Rodha (छर्दि रोध -  
Suppression of vomiting). Explain the treatment. (5)

3. Match the following : (5 × 1 = 5)

- |               |   |                   |
|---------------|---|-------------------|
| (a) Thriphala | × | Visagna           |
| (त्रिफला)     |   | (विषघ्नानाम्)     |
| (b) Khadira   | × | Vataharanam       |
| (खदिरः)       |   | (वातहरणाम्)       |
| (c) Sirisha   | × | Sukhavirachana    |
| (शिरीषः)      |   | (सुखविरेचनानाम्)  |
| (d) Rasna     | × | Timiragna         |
| (रस्ना)       |   | (तिमिरघ्नानाम्)   |
| (e) Trivrit   | × | Kushtagna         |
| (त्रिवृत)     |   | (कुष्ठघ्नानाम् ।) |

4. Write about Mahat Panchamula (महत् पञ्चमूल) and  
Hrasva Panchamula (लघु पञ्चमूल) — Dasamoola along  
with their therapeutic actions. (5)

5. Describe Pancha Pitta (पञ्चपित्त). (5)

6. Write briefly on any FOUR of the following :  
(4 × 5 = 20)

- (a) Vata Upakrama (Treatments for vata)
- (b) Ama Nirharana (Elimination of Āma)

- (c) Thrio Roga Marga (The three pathways of disease)
- (d) Ati Sthula Chikitsa (Treatment for obese person)
- (e) Swedana Phala (Benefits of sudation).

SECTION B

7. Explain the oushada vibhaga (औषध विभाग) from the chapter dvididhausadha Vijnāniya (द्विविधौषधविज्ञानीयं) in detail. (10)
8. Explain reference to the context : (5)  
नगरी नगरस्येव रथस्येव रथी तथा ।  
स्वशरीरस्य मेधावी कृत्येष्ववहितो भवेत् ॥
9. What are the differences between marsha nasya (मर्शं नस्य) and pratimarsha nasya (प्रतिमर्शनस्य)? (5)
10. Describe Siravyadha vidhi (सिराव्यध विधि) — procedure of vene section. (5)
11. Fill up the blanks : (5 × 1 = 5)
- (a) तत्र रुक्षो लघुः .....श्चलोऽनिलः ।
- (b) प्रीणनं जीवनं ..... पूरणे ।

- (c) .....योगो हीननिध्यातिमात्रकः ।
- (d) आढयो रोगी ..... सत्ववानपि ।
- (e) चक्षुष्टेजोमयं ..... श्लेष्मतोभयम् ।

12. Write briefly on any FOUR of the following :  
(4 × 5 = 20)

- (a) Snānam (bath)
- (b) Practices to protect one's life during community destruction (जनपदोध्वंसः)
- (c) Dhatvagni (धात्वग्निः)
- (d) Sneha panasya phala (Good effects of unction)
- (e) Anumana pareeksha (अनुमान परीक्षा) of rogi.

SEPTEMBER - 2002

[KH 1311]

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

First Professional Course

(Revised Regulations)

Part I

Paper II — ASHTANGA SANGRAHA  
(SOOTRASTHANA)

Time : Three hours

Maximum : 100 marks

Answer in English or Sanskrit only.

Use Devanagari script while writing Sanskrit.

Answer Section A and B in **SEPARATE** answer books.

**SECTION A**

1. Explain the वृद्धि (vridhi), क्षय (kshaya) lakshana of  
Dosha, Dhatu and Mala (दोष, धातु एवं मल) along with their  
treatment. (10)

2. Give a note on असात्म्येन्द्रियार्थसंयोगः  
(Asātmyendriartha samyoga). (5)

3. Describe अनाग्नेय स्वेद (perspiration without the use of  
fire). (5)

4. Match the following : (5 × 1 = 5)

- |                |                           |
|----------------|---------------------------|
| (a) कण्टकारिका | (i) रक्तपित्तप्रशमनानाम्  |
| (b) कुटजः      | (ii) प्रमेहहराणाम्        |
| (c) लाजा       | (iii) कासघ्नानाम्         |
| (d) वृषः       | (iv) रक्तार्शःप्रशमनानाम् |
| (e) हरिद्रा    | (v) छर्दिघ्नानाम् ।       |

5. Explain Pancha Lavana (five types of salt). (5)

6. Write briefly on any FOUR of the following :  
(4 × 5 = 20)

- दशविघपापं (Ten sins)
- ऋतुसन्धि (Rtu sandhi)
- प्रत्यक्ष परीक्षा (Pratyaksha Parceksha) of Rogi
- साध्यासाध्यं (Sadhya Asadya)
- वीर्यं (Veeryam).

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SECTION B

7. Explain बस्ति प्रयोग विधि (procedure of enema) in detail. (10)
8. Describe रात्रि चर्या (Ratri charya). (5)
9. Give a note on pancha vayu (पञ्चवायु). (5)
10. Write the differences between दैवव्यपाश्रय (Daivavyapasraya) — युक्तिव्यपाश्रय (yukti vyapasraya) and सत्वावजयः (Satvavajayaha) chikitsa. (5)
11. What are the त्रिविधलहान (Three types of Langhana)? Explain the condition of their administration. (5)
12. Write on any FOUR : (4 × 5 = 20)
- (a) Explain the संसर्जनक्रम (पेयादिक्रम) after वमन (vamana) and विरेचन (virachana).
- (b) Describe क्षारकर्म (Kshara karma)
- (c) चातुर्जात-त्रिजातकं (Chaturjata-Trijataka)
- (d) जलशोधनं (purification of water)
- (e) पादचतुष्टयं (Four limbs of treatment).

APRIL - 2003

[KI 1311]

Sub. Code : 1311

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

First Professional Course

(Revised Regulations)

Part I

Paper II — ASHTANGA SANGRAHA  
(SOOTRASTHANA)

Time : Three hours

Maximum : 100 marks

Answer in English or Sanskrit only.

Use Devanagari script while writing Sanskrit.

Answer Section A and B in **SAME** answer book.

SECTION A

1. Answer any FOUR : (4 × 5 = 20)
  - (a) Describe the Apatarpana Chikitsa (अपतर्पण चिकित्सा) in Āma Doshaja vikara (आम दोषज विकारः). (5)
  - (b) Explain the recipes which produce Sadyasneha (सद्यःस्नेहः) produce the effects of lubrication immediately instant lubrication. (5)



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- (c) Write about the natural order of strength (नैसर्गिक बलं) of रसं-विपाकं-वीर्यं-प्रभावं. (5)
- (d) Describe quantity of enema fluid (वस्ति द्रव्य मात्रा). (5)
- (e) Write in brief about conduct of royal physician (वैद्य वृत्तं). (5)

2. Write short notes on any FOUR of the following : (4 × 5 = 20)

- (a) द्राक्षा in फलवर्गः
- (b) Ten types of sins (दशविध पापाणि)
- (c) Treatment for insufficient sleep (मन्द निद्रा चिकित्सा)
- (d) Treatment of burns (दाघ चिकित्सा)
- (e) Āragvadhādi gana (आरग्वधादिगणं)
- (f) Importance of protecting the body (शरीर पालनं).
3. Write in detail about relationship of time and treatments (कालौषध सम्बन्ध). (10)

SECTION B

4. Describe Purification of water (जलशोधनं). (5)
5. Explain Reference to the context : (5)  
उत्क्लेश्य दोषान्नहरेत् द्रव्यं यत्तत्समासतः ।  
विरुद्धं तद्धि घातूनां प्रत्यनीकतया स्थितम् ।

6. Write about लवणवर्गः । (5)
7. Substantiate the statement "When वायु दोष increases अस्थि घातु decreases". (5)
8. Write short notes on any FOUR of the following : (4 × 5 = 20)
- (a) Functions of decreased dhatu (क्षीण घातु कर्माः)
- (b) Southern solastice (विसर्ग कालः)
- (c) Qualities of curd (दधि गुणाः)
- (d) Ojus (ओजः)
- (e) Anupānam (अनुपानं)
- (f) Trikatu (त्रिकटुः).
9. Write in detail about the four limbs (पादचतुष्टय) of treatment. (10)

OCTOBER - 2003

[KJ 1311]

Sub. Code : 1311

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

First Professional Course

(Revised Regulations)

Part I

Paper II — ASHTANGA SANGRAHA  
(SOOTRASTHANA)

Time : Three hours

Maximum : 100 marks

Two hours and forty minutes

for Sec. A and Sec. B

Sec. A & Sec. B : 80 marks

Twenty minutes for Sec. C

Section C : 20 marks

Answer should be written either in English or Sanskrit.

Answer ALL questions.

Answer Sections A and B in the SAME Answer Book.

Answer Section C in the Answer Sheet provided.

SECTION A — (2 × 15 = 30 marks)

1. Describe in detail about रोगरोगीपरीक्षा । (15)
2. Write about 'त्रयोपस्तम्भाः' in detail. (15)

SECTION B — (10 × 5 = 50 marks)

Write short notes on :

1. दशमूलं ।
2. शरत् ऋतुचर्या ।
3. स्वेदफलं ।
4. अवपीडकघृतप्रयोग in मूत्ररोध ।
5. घृतगुणाः ।
6. विदार्यादिगणं ।
7. दोषदूष्यसम्बन्धः ।
8. क्षारगुणाः ।
9. वीर्यं ।
10. नस्यविधिः ।

APRIL - 2004

[KK 1311]

Sub. Code : 1311

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

First Professional Course  
(Revised Regulations)

Part I

Paper II — ASHTANGA SANGRAHA  
(SOOTRASTHANA)

Time : Three hours Maximum : 100 marks

Sec. A & B : Two hours and forty minutes Sec. A & B : 80 marks

MCQ : Twenty minutes MCQ : 20 marks

Answer should be written either in English or Sanskrit.

Answer ALL questions.

Answer Sections A and B in the SAME Answer Book.

SECTION A — (2 × 15 = 30 marks)

1. Write in detail about सप्ताहारकल्पना (Seven factors related to food). (15)
2. Describe वृद्धि शय एवं चिकित्सा of पातु । (15)

SECTION B — (10 × 5 = 50 marks)

Write short notes on :

3. सभक्तं - अन्तराभक्तं - सामुद्रं ।
4. कुम्भीस्वेदः - कूरस्वेदः - कुटीस्वेदः ।
5. मर्हं - प्रतिमर्हं नस्यं ।
6. रूध चिकित्सा (treatment of burns).
7. कालज - प्रभावज - स्वभावज रोगाः ।
8. रसं - विपाकं ।
9. जनपदोष्णसः (epidemics).
10. चतुर्जातं - त्रिजातकम् ।
11. पाद चतुष्टयम् ।
12. हेमन्त ऋतुचर्या ।

**AUGUST - 2004**

**[KL 1311]**

**Sub. Code : 1311**

(आयुर्वेदाचार्यः)

**B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.**

**First Professional Course**

(Revised Regulations)

**Part I**

**Paper II — ASHTANGA SANGRAHA  
(SOOTRASTHANA)**

**Time : Three hours**

**Maximum : 100 marks**

**Sec. A & B : Two hours and  
forty minutes**

**Sec. A & B : 80 marks**

**M.C.Q. Twenty minutes**

**M.C.Q. 20 marks**

**Answer should be written either in English or Sanskrit.**

**Answer ALL questions.**

**Answers Sections A and B in the SAME Answer Book.**

**SECTION A — (2 × 15 = 30)**

1. Write an essay on types of 'Sweda'. (15)
2. Describe in detail 'अघारणीयवेगाः'. (15)

**SECTION B**

Write short notes on :

(10 × 5 = 50)

3. मर्शनस्यं ।
4. स्नहफलं ।
5. उत्तरवस्तिः ।
6. धातुक्षयं ।
7. ओजः ।
8. वसन्त ऋतु चर्या ।
9. तैलगुणाः ।
10. शरीरपालनं ।
11. व्यायामः ।
12. पुटपाकविधिः ।

**FEBRUARY - 2005**

**[KM 1311]**

**Sub. Code : 1311**

(आयुर्वेदाचार्यः)

**B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.**

**First Professional Course**

**(Revised Regulations)**

**Part I**

**Paper II — ASHTANGA SANGRAHA  
(SOOTRASTHANA)**

**Time : Three hours**

**Maximum : 100 marks**

**Sec. A & B : Two hours and  
forty minutes**

**Sec. A & B : 80 marks**

**M.C.Q. : Twenty minutes**

**M.C.Q. : 20 marks**

**Answer should be written either in English or Sanskrit.**

**Answer ALL questions.**

**SECTION A — (2 × 15 = 30 marks)**

**Essay Questions:**

1. Write an essay on सप्ताहारकल्पना। (15)
2. Write in detail शरत्कृतु। (15)

**SECTION B — (10 × 5 = 50 marks)**

**Write Short notes on:**

3. याप्यरोगः
4. अभ्यङ्गः
5. क्षीरवर्गः
6. पक्ववान्तरवर्गः
7. अब्रह्मचर्य
8. अजीर्ण
9. औषध विभागः
10. असात्म्येन्द्रियार्थसंयोगः
11. बस्तिविधिः
12. प्रभावः।



**AUGUST - 2005**

**[KN 1311]**

**Sub. Code : 1311**

(आयुर्वेदाचार्यः)

**B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.**

**First Professional Course**

**(Revised Regulations)**

**Part I**

**Paper II — ASHTANGA SANGRAHA**

**(SOOTRASTHANA)**

**Time : Three hours**

**Maximum : 100 marks**

**Theory : Two hours and  
forty minutes**

**Theory : 80 marks**

**M.C.Q. : Twenty minutes**

**M.C.Q. : 20 marks**

**Answer should be written either in English or Sanskrit.**

**Answer ALL questions.**

**I. Long Essay : (2 × 15 = 30)**

**1. Explain the administration of आस्थापन बस्ति: (basti-  
decoction enema) with its effects. (15)**

**2. Describe briefly the daily regimen (सदाचारः). (15)**

**II. Write Short notes on : (10 × 5 = 50)**

- 1. आयुर्वेदावतरणं (Ayurveda Avataranam)**
- 2. मूर्ध तैलं (Moordha thailam)**
- 3. दधि: (Dadhi)**
- 4. अलसक रोगः (Alasaka)**
- 5. सात्म्यः (Satmya)**
- 6. दैवव्यपाश्रय चिकित्सा (Daivavyapasraya chikitsa)**
- 7. हेमन्त ऋतुचर्या (Hemantha Rtucharya)**
- 8. रोग परीक्षा (Roga Pareeksha)**
- 9. प्रभावः (Prabhava)**
- 10. धातुक्षय चिकित्सा (Dadhuksaya chikitsa)**

FEBRUARY 2007

[KQ 1311]

Sub. Code : 1311

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

First Professional Course

(Revised Regulations)

Part I

Paper II — ASHTANGA SANGRAHA

(SOOTRASTHANA)

Time : Three hours

Maximum : 100 marks

Theory : Two hours and  
forty minutes

Theory : 80 marks

M.C.Q. : Twenty minutes

M.C.Q. : 20 marks

Answer ALL questions.

I. Long Essay :

1. समाहारकल्पना – Seven factors of food. (20)
2. औषधकालः – Administration of drugs. (15)
3. रोगभेदाः – Types of diseases. (15)

II. Write short notes :

(6 × 5 = 30)

1. त्रयो रोगमार्गाः – Three pathways of diseases.
2. ग्रीष्मऋतुचर्या – Regimen for summer season.
3. नस्यविधिः – Administration of nasal drops.
4. अभ्यङ्गः – Oil bath.
5. शमनगण्डूषः – Alleviating type of gargling.
6. उत्तरवस्तिः – Uttaravasti.

FEBRUARY 2008

[KS 1311]

Sub. Code : 1311

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

First Professional Course

(Revised Regulations)

Part I

Paper II — ASHTANGA SANGRAHA (SOOTRASTHANA)

Q.P. Code : 641311

Time : Three hours

Maximum : 100 marks

Theory : Two hours and  
forty minutes

Theory : 80 marks

M.C.Q. : Twenty minutes

M.C.Q. : 20 marks

Answer ALL questions.

I. Long Essay :

(2 × 15 = 30)

1. Explain the administration of नस्यं in detail.

2. Describe in detail the kinds of therapies as said in  
द्विविधौषधविज्ञानीयम ध्यायम् (knowledge of the two kinds of  
therapy chapter).

II. Write short notes on :

(10 × 5 = 50)

1. फलवर्गः (group of fruits).
2. पित्तोपक्रमः (treatment for pitta).
3. अनुवासन बस्तिः (enema with fatty materials,  
lubricating enema).
4. सामदोष लक्षणः (signs of doshas mixed with āma).
5. ग्रीष्म ऋतुचर्या (regimen for summer).
6. अञ्जन विधिः (procedure of Anjana application).
7. गुग्गुलुः (Guggulu).
8. याप्य रोगः (Yapya roga).
9. अतिस्थूल चिकित्सा (treatment for obese person).
10. वृद्ध धातु कर्मः (function of increased dhatu).



**August 2008**

**[KT 1311]**

**Sub. Code : 1311**

(आयुर्वेदाचार्य :)

**B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.**

**First Professional Course**

**(Revised Regulations)**

**Part I**

**Paper II — ASHTANGA SANGRAHA  
(SOOTRASTHANA)**

**Q.P. Code : 641311**

**Time : Three hours**

**Maximum : 100 marks**

**Answer ALL questions.**

- I. Long Essay : (2 × 15 = 30)
1. Write about Adharaneeya vegas.
  2. Write about Thrayo-upasthambas.
- II. Write short notes : (10 × 5 = 50)
1. Write about “Yapya” and “Anuparrama”.

## August 2008

2. Vyayama.
  3. Regimen of the vasantha rtu.
  4. Write about "Visuchika" and "Dandalasaka".
  5. Raothpathi.
  6. Vamana Yogyaha (People suitable for vamana).
  7. Siravyadha anarha.
  8. Samstara swedhana.
  9. Basthi dravya mathra.
  10. Vishakanya.
7. Murdha thailam.
  8. Chathurjatha.
  9. Vishtabdha ajirna.
  10. Rasasesajirna.

III. Write short answers : (10 × 2= 20)

1. Vipaka.
2. Danda - alasaka.
3. Define - Prabhava.
4. Udhana vata karma
5. Vrdha mala karma.
6. Mukhalepa.

FEBRUARY - 2009

[KU 1311]

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(आयुर्वेदाचार्यः)

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Part I

Paper II — ASHTANGA SANGRAHA

(SOOTRASTHANA)

Q.P. Code : 641311

Time : Three hours

Maximum : 100 marks

Answer ALL questions.

- I. Long Essay : (2 × 15 = 30)
1. Describe स्नेहपान विधि: (Procedure of oleation therapy)
  2. Write about 'त्रयोपस्तम्भ': (Transfer Upasthambha—Three pillars)

II. Write short notes :

(10 × 5 = 50)

1. Sadhya–Asādhyā lakshana's.
2. Dhantha dhāvāna .
3. Regimen of the Grishma ritu.
4. Dadhi.
5. मुखालेपः (face paste)
6. Define Viruddha and give examples.
7. Alasaka and visuchika.
8. Virataradi gana.
9. Prabava.
10. Kāla basti.

III. Write short Answers :

(10 × 2 = 20)

1. Nirya.
2. Anupana.
3. Āma
4. Rtu–Sandhi.

5. Write about four kinds of Snehana.

6. Svedha Bedha.

7. Nirukthi of Vamana.

8. Nasya Pala.

9. Swedhana Phala.

10. Gandusha Bedha.