

**POST GRADUATE DIPLOMA IN PSYCHOLOGICAL MEDICINE**  
**(D.P.M).**

Details of Training :

**FIRST YEAR:**

Neuro anatomy = 1 Month

Neurophysiology = 1 Month

Applied Neuro chemistry = 1 Month

Psychology = 9 Months

Total -----  
12 Months  
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**SECOND YEAR**

Neurology = 2 Months

Psychiatry = 8 Months

Child Psychiatry = 1 Month

Forensic Psychiatry = 1 Month

Total -----  
12 Months  
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**DIPLOMA IN PSYCHOLOGICAL MEDICINE (D.P.M)**  
**SCHEME OF EXAMINATION**

PART – 1 (At the end of 1 year )

Theory	Title	Duration in hours	Maximum Marks
Paper - I	General Psychology Abnormal Psychology Social Psychology	3	10 x 1 = 10 (MCQ) 2 x 20 = 40 (2 Essay) 10 x 5 = 50 (10 short notes) } 100
Paper – II	Neuro Anatomy Neuro Physiology Neuro Chemistry Genetics Statistics	3	2 x 25 = 50 (2 Essay) 10 x 5 = 50 (10 Short Notes) } 100
			----- Total 200 -----

**Marks Qualifying for a pass: 100/200**

**PART - II FINAL YEAR**

Paper – I	Neurology	3	2 x 25 = 50 (2 Essay) 10 x 5 = 50 (10 Short Notes) } 100
Paper - II	Psychiatry General	3	2 x 25 = 50 (2 Essay) 10 x 5 = 50 (10 Short Notes) } 100
Paper – III	Psychiatry – including child, legal, community psychiatry, Applied Psychiatry	3 hours	2 x 25 = 50 ( 2 Essay) 10 x 5 = 50 (10 Short Notes) } 100
			----- Total <b><u>300</u></b> -----

**CLINICAL EXAMINATION :-**

Psychiatry	Long Case	45 Mints	100 Marks
Neurology	Short Case	20 Mints	25
Psychiatry	Short Case	20 Mints	25
Oral			50
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			<b>Total 200</b>
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**Marks Qualifying for Pass :-**

Theory = 150/300 = 50%

Clinical and Oral = 100/200 = 50%

The following will form, the examiners for the clinical, practicals and oral on Dissertation:

1. Psychiatrist 2 Nos. (Externals – Other States)
2. Psychiatrist 2 No. One Chairman – Internal, Internal other  
Institute in Tamil Nadu.

**Total 4 Nos.**

Maximum number of candidates to be

examined per day = **8 Candidates.**

**POST GRADUATE COURSES IN PSYCHIATRY**  
**SYLLABUS**

1. General Psychiatry including History of Psychiatry, Classification and Adult Psychiatry.
2. Theories of Personality and Psychopathology.
3. Social Psychiatry.
4. Child and Adolescent Psychiatry including mental subnormality.
5. Organic mental syndromes and disorders.
6. Administrative and Forensic Psychiatry.
7. Psychopharmacology.
8. Biological Psychiatry.
9. Psychophysiological Disorders.
10. Therapies in Psychiatry.
11. Consultation – Liaison Psychiatry
12. Community Psychiatry.
13. Geriatric Psychiatry.
14. Ethics in Psychiatry.
15. Research Methods and new frontiers in Psychiatry.
16. Systematic Psychiatry.
17. Psychopathology
18. Psychotherapy.
19. Social Psychiatry.
20. Child Psychiatry.
21. Mental Deficiency.
22. Epileptic disorders and other organic states.
23. Mental Health.
24. Administration and Forensic Psychiatry.
25. Therapeutics.
26. Neuropsychiatric genetics.
27. Psychosomatics.
28. Psychological aspects of general medical surgical and Public Health.  
Moral and educational problems.

**B. NEUROLOGY:-**

1. Fundamentals of Clinical Neurology.
2. Diagnostic Techniques.
3. Electro Physiological techniques and research.
4. Psychosurgery, stereotaxic surgery.

**C. GENERAL MEDICINE :**

1. Fundamentals of General Medicine.
2. General Medical and Surgical Pathology.
3. Diagnostic Procedures.

**D. PSYCHOLOGY :-**

1. General Psychology.
2. Social Psychology.
3. Abnormal Psychology.
4. Development Psychology.
5. Psychodiagnostics.

**E. ELEMENTARY STATISTICS – RESEARCH METHODS.**

f. Applied Sociology and Anthropology.

g. Anatomy of Nervous system.

h. Physiology of Nervous System.

I. General Bio Chemistry.

J. Applied Bio Chemistry.

K. E.E.G.

Drugs and the lung.

Mediastinum (Anatomy, Cysts, Tumours and Mediastinitis)

Chest Wall and Thoracic cage (Deformities, Tumours)

Diaphragm (Anatomy, Anomalies, Hiati, Paralysis)

Transplant Lung. Bypass lung.

Pulmonary Heart Disease (Cor pulmonale).

Wood Work - Abnormal Psychology

Munn - Abnormal Psychology

Morgan King – General Psychology

Social Psychology – Kuppusamy.

## **RECOMMENDED LIST OF BOOKS / JOURNALS NEUROLOGY**

1. ADAMS, (Raymond D) & VICTOR (Maurice) ed.  
“ Principles of Neurology ”, 3<sup>rd</sup> edition – 1985 Mcgraw Hill Book Company, Newyork.
2. BICKERSTAFF (EDWIN R)  
“ Neurological Examination in Clinical practice ” 4<sup>th</sup> Edition: 1983, P.G. Publishing Private Limited, Singapore.
3. BANNISTER (SR) :  
“ Brain’s Clinical Neurology” ; 5<sup>th</sup> Edition; 1978 ELBS, United Kingdom.
4. WALTON (JOHN)  
Brain’s Diseases of the Nervous System; 9<sup>th</sup> Edition: 1985 – Oxford University Press, Delhi.

## **PSYCHIATRY:-**

5. MAYORGROSS :-  
“ Clinical Psychiatry” – 3<sup>rd</sup> Edition; 1979 (Reprint) Bailliere Tindall, London.
6. NOVES & KOLB :  
Modern Clinical Psychiatry: 9<sup>th</sup> Edition; 1977 W.B. Sanders Company, Philadelphia, U.S.A
7. KALINOWSKY (LOTHAR) & HOCH (PAUL H):-  
“Somatic Treatments in Psychiatry ”, 1961 Grune & Stratton, Newyork, USA.
8. Batchelor (IVOR R):  
“ Henderson and Gillespie’s Text Book of Psychiatry” 10<sup>th</sup> Edition, 1969 Oxford University Press, Newyork, U.S.A.
9. SARGANT (WILLIAM) & SLATER (ELIOT ):  
“ An introduction to physical methods of treatment in Psychiatry” 5<sup>th</sup> Edition, 1972 Churchill Livingstone, United Kingdom.
10. SIM (MYRE)  
Guide to Psychiatry : 4<sup>th</sup> Edition, 1981: Churchill Livingstone, United Kingdom.
11. KENDELL, R.E & Zealley (A.K.) Ed,

Companion to Psychiatric Studies : 4<sup>th</sup> Edition – 1988, Churchill Livingstone, United Kingdom,

12. KAPLAN, (HAROLD) & SADOCK (BENJAMIN) Ed –  
Comprehensive Text Book of Psychiatry, 2 Vols., 9<sup>th</sup> Edition, 2008, William Wilkins, Baltimore, USA.
13. GELDER (MICHAEL) ET AL :  
“Oxford Text Book of Psychiatry”, 2009 ED 2 Vols New Oxford University Press, United Kingdom.
14. Category  
“ DSM – IVTR Diagnostic and Statistical Manual of Mental Disorders (RED)  
Text Revision - Edn 4/E, I.E. 2010.
15. AHUJA  
A Short Text Book of Psychiatry Edn, 6/E, R. P. 2009.
16. ANDREWS  
Research Agenda For DSM – V Quick Ref. To the Apa Practice Guidelines for the Treatment Ed 1/E, 2009
17. BHUI  
Culture and Mental Health : A Comprehensive Text Book 2007
18. GELDER  
Oxford Text Book of Psychiatry 5/E
19. KRYGER  
Atlas of Clinical sleep medicine 1/E, 2010.
20. SADOCK  
Kaplan & Sadock’s Comprehensive T.B. of Psychiatry (2 Vols) 9/E, 2009
21. SADOCK  
Kaplan & Sadock’s Concise T. B. of Clinical Psychiatry  
Kaplan & Sadock’s Concise Text Book of Child & Adolescent 3/E, 2008.
22. SIMON  
Textbook of suicide assessment and management 1/ED, 2006

23. WALKER  
Child and Adolescent Neurology for Psychiatrists 2/E, 2008
24. YUDOFISKY  
Neuropsychiatry & Clinical Neurosciences 4/E.
25. ANANTH  
Psychopharmacology Treatment of Psychiatric Disorders 1/e
26. Varma, Kala, et al  
Culture, Personality and Mental Illness : A Perspective of Traditional Science  
  
(FOREIGN TITLES (REPRINT/EXCLUSIVE DISTRIBUTION/DISTRIBUTION))
27. DSM IV TR Diagnostic and Statistical Manual of Mental Disorders Text Revision.
28. Strub  
The Mental Status Examination in Neurology 4/e
29. Talbott  
Text book of psychiatry

### **MENTAL DEFICIENCY**

14. TREDGOLD & SODDY :-  
Tredgold's Mental Deficiency ; 11<sup>th</sup> Edition, 1971 Bailliere Tindall, London.
15. ZILBOORG (GREGORY)  
“ A History of Medical Psychology” 1941, W.W. Norton and Company inc., Newyork.
- 15.(a) PENNOSE (LIONOL. S)  
Biology of Mental Defoel. Reg. Ed. London 1954.

### **CHILD PSYCHIATRY**

16. RUTTER (MICHEAL & HERSOVE (LIONEL).  
“Child and Adolescent Psychiatry” 2<sup>nd</sup> Edition : 1985 Blackwell Scientific Publications, Oxford, Britain.
17. KANNER, (LEO)  
“ Child Psychiatry” 4<sup>th</sup> Edition, 1972, Charlese Thomas, Springfield, U.S.A.



18. BARKER, PHILIP  
 “Basic Child Psychiatry” 3<sup>rd</sup> Edition, 1979 Granada Publishing Ltd, United Kingdom.

### FORENSIC PSYCHIATRY

19. East, (NORWOOD)  
 Society and the Criminal Her Majesty’s Stationary Office, 1960 East, (Norwood)  
 “ The Adolescent Criminal” : 1942; J.A. Churchill Ltd.

### ANATOMY

20. GRAY’S ANATOMY : 35<sup>TH</sup> EDITION  
 1973, Longman, U.K.
21. Gunninghan’s Manual of Practical Anatomy ; 13<sup>th</sup>  
 Edition, 1971 ELBS, UK.

### NEUROANATOMY

1. CHUSID, (JOSEPH G)  
 “ Correlative Neuroanatomy & Functional Neurology”  
 10<sup>th</sup> Edition; 1985 Longs Publications, U.S.A.
2. KUNTZ;-  
 Neuroanatomy ; 1950 Truex, (Raymond) :-
3. STRONG & ELWYNS  
 Human Neuroanatomy 5<sup>th</sup> Edition 1964, Oxford Book Company, UK
4. RANSON & CLARK :-  
 Anatomy of the Nervous system 9<sup>th</sup> Edition, 1953 Saunders & Co, U.S.A.
5. Hall (J.H) & Humbertson, (A.O) “ A Correlative Study Guide to Neuroanatomy” 2<sup>nd</sup>  
 Edition, 1970, Harper & Row.
6. Matzke, (H.A) & Foltz (F.M) “Synopsis of Neuroanatomy” : 2<sup>nd</sup> Edition 1972; Oxford  
 University Press.

**E.E.G.**

1. Hill, (Denis) & Parr, (Geoffery) :  
“EEG”; A Symposium on its various aspects. Macmillan Co., 1963.
2. KILOH:-  
“Clinical EEG” 3<sup>rd</sup> Edition, 1972 Butterworths, London.
3. KOOL:-  
Fundamentals of EEG 1971, Harper Row, London.

**NEUROPHYSIOLOGY :-**

1. Neuro – Physiology Vol. 2 Ruck & Patton.
2. Review of Medical Physicology – Ganong, 14<sup>th</sup> Edition.
3. Sampson – Wright’s Applied Physiology – 14<sup>th</sup> Edition.
4. Text Book of Neuro-Physiology – By Dr. Harihara Subramanian.  
Aravind Publications, Printed at Raj Publication 1990.
5. Nervous System by Nobec.

**EXAM PATTERN**  
**DPM**

<b><u>Part – I</u></b>	Paper	Duration	Marks
Paper - I	General Psychology Abnormal Psychology Social Psychology	3 Hours	100
	MCQ		10 x 1 = 10 Marks
	2 Long Questions		20 x 2 = 40 Marks
	10 Short Notes		10 x 5 = 50 Marks (10 Short notes. )
Paper – II	Neuro Anatomy Neuro Physiology Neuro chemistry Genetics Statistics.	3 Hours	$2 \times 25 = 50$ $2 \text{ Essay}$ $10 \times 5 = 50$ $10 \text{ Short Notes}$
			} 100
		<b>Total</b>	<b>200</b>
<b>Marks Qualifying for a Pass : 100/200</b>			
<b><u>Part - II</u></b>	Paper	Duration	Marks
Paper – I	Neurology	3 Hours	$2 \times 25 = 50$ $2 \text{ Essay}$ $10 \times 5 = 50$ $10 \text{ Short Notes}$
			} 100
Paper – II	Psychiatry – General	3 Hours	$2 \times 25 = 50$ $2 \text{ Essay}$ $10 \times 5 = 50$ $10 \text{ Short Notes}$
			} 100
Paper – III	Psychiatry – including child, legal, community psychiatry, Applied Psychiatry	3 Hours	$2 \times 25 = 50$ $2 \text{ Essay}$ $10 \times 5 = 50$ $10 \text{ Short Notes}$
			} 100
		<b>Total</b>	<b>300</b>
	Clinical Psychiatry Long Case	45 Min.	100
	(1) Psychiatry Short Case	20 Min	50
	(2) Neurology “	20 Min	
	Oral		50
		<b>Total</b>	<b>200</b>

**Marks Qualifying for Pass :-**

Theory = 150/300 = 50%

Clinical and Oral = 100/200 = 50%