



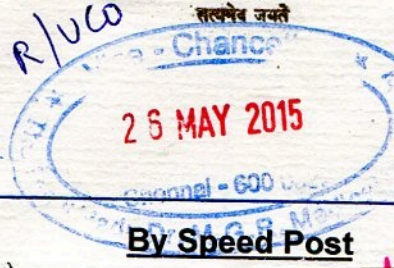
उच्च-शिक्षण विनियमने

प्रो. डॉ. जसपाल एस. सन्धू  
सचिव

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Secretary



सत्यमेव जयते

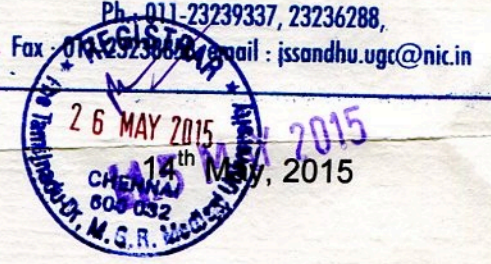


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विश्वविद्यालय अनुदान आयोग  
University Grants Commission

(मानव संसाधन विकास मंत्रालय, भारत सरकार)  
(Ministry of Human Resource Development, Govt. of India)

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D.O.F.No. 1-1/2015 (Secy)

Dear Sir/Madam,

This is in continuation of my earlier letter of even number dated 17<sup>th</sup> April, 2015 regarding observance of International Day of Yoga on 21<sup>st</sup> June, 2015 in a befitting manner. It is further desired to adopt the following activities during the celebration of International Day of Yoga on 21<sup>st</sup> June, 2015:

- (i) In the morning a **Demo by Yoga Practitioners** may be organized on Yoga Day. The willing students and faculties of the universities may practice Yoga as shown by the practitioners. The other students/faculties may, however, observe the same.
- (ii) The best participants of the Yoga Session may be awarded with **prizes & certificates** in a function to be organized on that day.
- (iii) **Yoga Exhibition on Yogic Postures** may be organized in a big Hall. The banners in this regard may be displayed for awareness in the campus.
- (iv) **Online Essay Competition** may be organized and the best students may be awarded with prizes and certificates.

Accordingly, you are requested to kindly observe the International Day of Yoga on 21<sup>st</sup> June, 2015 by adopting the above mentioned activities in your esteemed University and affiliated Colleges and send Action Taken to UGC by email ([ugc.yoga@gmail.com](mailto:ugc.yoga@gmail.com)).

With kind regards,

Yours sincerely,

(Jaspal S. Sandhu)

**The Vice-Chancellor**  
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