



**THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY**  
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Dr K SIVASANGEETHA, M.D ,  
REGISTRAR (FAC)

Rc.No.ACIII(2)/29324/2025

Dated 27.03.2026

To

All the Deans/Principals of Naturopathy and Yogic Medical Institutions of this University

Sir/Madam,

Sub:	Academic – The Tamil Nadu Dr MGR Medical University, Chennai – Resolution of Standing Academic Board in Naturopathy and Yogic Sciences Degree Courses held on 25.11.2025 – Communicated – Reg
Ref: 1	Minutes of the Board of Studies Meeting of Naturopathy and Yogic Sciences Degree courses held on 11-11-2025..
2	Minutes of the 64 <sup>th</sup> SAB meeting held on 25.11.2025.
3	Resolution No.47 passed by the Governing Council in its 311 <sup>th</sup> meeting held on 26.02.2026

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I am to inform you that, the minutes of the meeting of the Board of Studies in Naturopathy and Yogic Science Degree courses held on 11-11-2025 was recommended to the Standing Academic Board, at the 64<sup>th</sup> meeting held on 25-11-2025. The approvals of the Standing Academic Board was informed to the Governing Council at the 311<sup>th</sup> meeting held on 26-02-2026.

The Standing Academic Board has discussed and resolved the following points:

**POINT No: 01**

**TO DISCUSS AND DECIDE ON THE PROPOSALS / SUGGESTIONS REGARDING ACADEMIC ENHANCEMENTSSUBMITTED BY Dr. G. RAVIKIRAN, MEMBER IN THE BOARD OF STUDIES IN NATUROPATHY AND YOGIC SCIENCES.**

The Standing Academic Board has resolved the following.

- 1) To provide the contents for the newly included chapters on Lifestyle medicine in Philosophy of Nature Cure paper I subject of I BNYS. Nutraceuticals in Nutrition and Herbology subject and Hot Stone Therapy in Massage, Chiropractice, Osteopathy and Aromatherapy subject in III BNYS. On Ozone Therapy in Chromotherapy & Magnetotherapy and Research Methodology in Hospital Management subject of IV BNYS.
- 2) To update the list of reference text books for the BNYS Syllabus. The board will submit list of text books to be included in the BNYS syllabus.
- 3) Every Institution should organize CME and Workshops and to frame guidelines for Faculty Development Programmes and approved by University. It should be conducted quarterly to enrich the academic knowledge and teaching learning methodologies.

**Any other item :**

The Standing Academic Board has resolved the following

- 1) All UG and PG candidates should participate in the International Medical Conference – Future of Medicine with a nominal fee remitted into University CMS2 Portal at the time of University registration of the candidate.
- 2) One paper publication is mandatory for all the PG candidates to become eligible for Final year University theory examinations.
- 3) All Institutions should update the list of faculties in CMS2 portal periodically
- 4) Zone wise Periodic Research Methodology & Biostatistics workshop shall be conducted by the University
- 5) The Board members have suggested to frame Inspection Format and affiliation statutes for MD (Yoga and Naturopathy)
- 6) To include 20 MCQs (20x1=20marks) in theory question papers of B.N Y S examinations from the 2025-2026 admission batch onwards
- 7) To include OSCE/OSPE in Practical examinations for both UG and PG candidates and OSCE /OSPE bank should be provided to the University.
- 8) Each institution shall form Naturopathy & Yogic Sciences Research Club and integrate with other Institutions to promote Research activities for both UG and PG students.
- 9) Each institution shall conduct Intergrated Ayush Programme.

The Board of Studies Chairman requested that the soft-skill training to be implemented for students of Yoga and Naturopathy.

The receipt of this letter may be acknowledged immediately

Yours faithfully,

for REGISTRAR(FAC)

Copy to

- (1) The Academic Officer
- (2) The Controller of Examinations
- (3) Deputy COE (I.M)
- (4) Assistant Registrar – Exam wing (Indian Medicine)
- (5) Assistant Registrar – Affiliation wing (Indian Medicine)
- (6) P S to Vice-Chancellor
- (7) P.S to Registrar
- (8) The System Analyst (UCC)