

10 COMMANDMENTS OF HINDUISM

The essential features of the inner core of Hinduism can be grouped into 10 directive principles:

1. The purpose of life is to realize the omnipresent divinity intuitively.
2. Purification of mind is the purpose of all religious disciplines.
3. The divinity inherent in each one of us has a dharma of its own. We should strive to go back to God, our source. Every action of ours must be concordant with this natural order of things. These three are the fundamental axioms. The other seven follow from these three.
4. Act in the living present, in total detachment and dedication, by avoiding all egocentric desires, fears and anxieties. If such an action serves another fellow being, it becomes service to God.
5. Freely search for a personal God and seek His grace for the purification of the mind.
6. The *avatars* emphasise on one's duties to one's mother, father, guru and truth and love as the basic core of dharma and unity of all faith.
7. Remember God's names, chant them. Be aware continuously of His presence.
8. Surrender to God in heart, soul and will. Then our future is His concern.
9. Discover the Ultimate in yourself. Allow intuition and mystical experiences to take you beyond reason and intellect.
10. All faiths are valid. It is the attitude that matters, not the rituals.