

World Suicide Prevention Day - 2022

Guest Speaker: Dr.TV Ashokan, Prof and HoD,

Department of Psychiatry,

Sri Muthukumaran Medical College and Research Institute, Chennai.

Date: 12th September 2022

Time 2.00 to 5.00 pm

Venue: Silver Jubilee Auditorium, TNMGRMU

According to the World Health Organisation, an estimated 7,03,000 people a year take their life around the world. For every suicide, there are likely 20 other people making a suicide attempt and many more have serious thoughts of suicide. Millions of people suffer intense grief or are otherwise profoundly impacted by suicidal behaviours. Further, each suicidal death raises public health concern and is a loss to the nation. The latest National Crime Records Bureau (NCRB) data revealed a marginal increase in the number of deaths by suicide during 2021, as compared to 2020. A total number of 1,64,033 deaths by suicide were reported in 2021 across India, against 1,53,052 in 2020. While Maharashtra has reported the highest number of deaths by suicide (22,207), it is Sikkim that has the highest rate of suicide — 39.2%. Tamil Nadu has reported the highest number of deaths by suicide in the south (18,925) followed by Karnataka (13,056) in 2021. Puducherry has reported 504 deaths in 2021, against 408 in 2020 and 493 in 2019.

The purpose of World Suicide Prevention Day, which is observed every year on September 10th, is to increase awareness of suicide prevention throughout the world. The Tamil Nadu Dr.MGR Medical University raised awareness to approximately 1000 students from various Government and private arts and science colleges in Chennai, paramedical and allied health science students from our affiliated colleges, faculties, and staff members of our university on September 12, 2022, from 2:00 pm to 5:00 pm in remembrance of this day. Dr. TV.Ashokan, Professor and HoD, Department of Psychiatry, Sri Muthukumaran Medical College and Research Institute, Chennai, was the invited guest speaker who spoke about how to live positively and the various ways to prevent suicidal thoughts after Dr. Sudha Sesaiyan, Vice Chancellor, TNMGRMU, opened the awareness programme. Speakers help faculty and students with their questions.Prof and Head Dr.S.Srinivas delivered vote of thanks to all.

