

[LM 421]

MAY 2018

Sub. Code: 2328

**M.Sc. (Nursing) DEGREE EXAMINATION**  
**(Regulations for candidates admitted from 2011-2012 Sessions onwards)**  
**FIRST YEAR**  
**PAPER IV – CLINICAL SPECIALITY – I**  
**BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING**

*Q.P. Code: 302328*

**Time: Three hours**

**Maximum: 75 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. a) Define mental health and mental illness. Explain the factors influencing development of mental health.  
b) Rights of mentally ill.
2. a) Explain the normal reaction and problems related to pregnancy and puerperium. How do you manage the problems?  
b) Write a note on genetic counselling.

**II. Write notes on:**

**(7 x 5 = 35)**

1. Psycho-immunology and its implications for psychiatric illness.
2. Cognitive development theory.
3. Manifestations of low self-esteem.
4. Critical pathway of care.
5. Individual therapy.
6. Mood stabilizer.
7. Yoga on mental health.

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