M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION BRANCH I – (NATUROPATHY)

FIRST YEAR

PAPER I – PHILOSOPHY AND PRACTICE OF NATURAL THERAPEUTICS

Q.P. Code: 461401

Time: Three Hours Maximum: 100 Marks

Answer All questions

I. Essay Questions: $(2 \times 20 = 40)$

1. Explain in detail about Naturopathic approaches to woman and child health.

2. Explain in detail about fasting therapy, its role in immunity and recent research publication.

II. Short Notes on: $(10 \times 6 = 60)$

- 1. Herbal medicine for viral infection.
- 2. Amino acids and sprouts.
- 3. Encumbrance and free radicals.
- 4. Physiological effect of immersion bath.
- 5. Pranic healing and its basis.
- 6. Socioeconomic status and naturopathy.
- 7. Innate healing according to nature cure.
- 8. Nature cure for anaemia.
- 9. Naturopathy in public health.
- 10. Concepts in Siddha and Ayurveda.
