

[LH 0415]

OCTOBER 2015

Sub. Code: 1311

M.Sc., CLINICAL NUTRITION
(from 2012-2014 onwards)
SECOND YEAR
PAPER I – APPLIED NUTRITION

Q.P. Code : 281311

Time : Three hours

Maximum : 100 marks

I. Elaborate on :

(2 x 20 = 40)

1. Physiological changes during pregnancy.
2. Nutritional requirement of infants.

II. Write notes on:

(10 x 6 = 60)

1. Steps in the development of exchange list.
2. Plan a low cost menu.
3. Dietary management for lactating women.
4. Feeding patterns of 6-12 months infants.
5. Dietary guidelines for adolescents.
6. Techniques for measuring body composition for elderly.
7. Any three fitness tests.
8. Major nutritional deficiency diseases in emergencies.
9. Role of nutraceuticals in health and disease.
10. Classification of functional foods.
