M.Sc., CLINICAL NUTRITION (from 2012-2014 onwards) FIRST YEAR PAPER IV – ADVANCE NUTRITION

Q.P. Code: 281304

Time: Three hours Maximum: 100 marks

I. Elaborate on : $(2 \times 20 = 40)$

1. Water-soluble vitamins?

2. Components of total energy expenditure?

II. Write notes on: $(10 \times 6 = 60)$

- 1. Components of dietary fiber
- 2. Methods of determination of proteins?
- 3. Choice of cooking medium in the context of n-3 and n-6 Fatty acid ratio in Indian Diets?
- 4. Functions of water and compartments of body water?
- 5. Synthesis of Vitamin D from its provitamin and its deficiency
- 6. Absorption and factors affecting the absorption of Iron
- 7. Functions and sources of magnesium and phosphorus?
- 8. Probiotics and the health benefits of proboitics?
- 9. Phytoestrogens, its classes and give examples?
- 10. Protease inhibitors and Saponins?
