

THIRD B.N.Y.S. DEGREE EXAMINATION

PAPER VII – MASSAGE, CHIROPRACTICE OSTEOPATHY AND AROMATHERAPY

Q.P. Code : 821522

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 15 = 30)

1. Write down the history of massage explain different types of massage.
2. Explain the methods of preparation of Aroma Oils and physiological effects of Aromatherapy.

II. Write Notes on:

(10 x 5 = 50)

1. Preparation for massage.
2. Osteopathy and its diagnostic procedures.
3. Physiological effects of kneading.
4. Massage and Aromatherapy for headache.
5. Effects of joint movements.
6. Uses of Aromatherapy.
7. Base oils.
8. Chiropractic.
9. Classification of vibration.
10. Neck massage.

III. Short Answers on:

(10 x 2 = 20)

1. Define Aromatherapy.
2. Contraindications of Abdominal massage.
3. Uses of facial massage.
4. Tea tree.
5. Carrier oils.
6. Amma Amma
7. D.D Palmer.
8. Photo sensitivity.
9. Uses of powder massage.
10. Aroma oils for hypertension.
