

**THIRD YEAR B.N.Y.S. DEGREE EXAM**

**PAPER VII – MASSAGE, CHIROPRACTICE OSTEOPATHY & AROMATHERAPY**

*Q.P. Code : 821522*

**Time: Three hours**

**Maximum : 100 Marks**

**Answer All questions**

**I. Essays Questions:**

**(2 x 15 = 30)**

1. Define Essential oils and explain in detail about the various methods in the extraction of essential oil
2. Define Massage and explain in detail about various movements of massage its physiological & therapeutic effects

**II. Short Notes:**

**(10 x 5 = 50)**

1. Importance of spine in chiropractice & physiological effects of chiropractice
2. Massage to infants and children
3. Methods of using essential oils
4. Precaution for the use of Aroma oils
5. Ayurvedic Massage its importance
6. Shiatsu in Manipulative therapy
7. Dry brush Massage and its effects.
8. Structures concerned in Massage.
9. Powder Massage its indication & Contra indication
10. Carrier oil and its uses

**III. Short Answers:**

**(10 x 2 = 20)**

1. Benefits of Eucalyptus
2. Mixing of Aroma oils
3. Ill effects of Aroma oils.
4. Precaution for abdominal massage
5. Peppermint and its uses
6. Chemical Composition of clove bud
7. Head massage its merits & demerits
8. Crisis through massage
9. Effects of massage on nervous system
10. Toogi Toogi