

THIRD YEAR B.N.Y.S. DEGREE EXAM
PAPER VI – NUTRITION & HERBOLOGY
Q.P. Code : 821521

Time: Three hours

Maximum : 100 Marks

Answer All questions

I. Essays Questions: (2 X 15 = 30)

1. Nutritional requirements during pregnancy and lactation - Explain
2. Write notes on
 - A) Curcuma langa
 - B) Piper nigrum
 - C) Rauwolfia serpentina

II. Short Notes: (10 X 5 = 50)

1. Body composition
2. Factors affecting RDA
3. Metabolism of lipids
4. Folacin
5. Dietary goals
6. Anthropometry
7. Geriatric nutrition
8. Nutrient loss on cooking
9. Adverse effect on alcohol
10. Lathyrism

III. Short Answers: (10 X 2 =20)

1. Calorie
2. Anti oxidants
3. Goitrogens
4. Ariboflavinosis
5. Balanced diet
6. Food fortification
7. Body mass index
8. Uses of allium sataivum
9. Quercetin
10. Methionin