

[LF 1521]

AUGUST 2014

Sub.Code :1521

THIRD B.N.Y.S. DEGREE EXAM

PAPER VI – NUTRITION & HERBOLOGY

Q.P. Code : 821521

Time: Three hours

Maximum : 100 Marks

Answer All questions

I. Essays Questions:

(2 X 15 = 30)

1. Nutritional assessment methods - Explain
2. Write notes on
 - A) *Murraya koenigii*
 - B) *Nelumbo nucifera*
 - C) *Withania somnifera*

II. Short Notes:

(10 X 5 = 50)

1. Food groups
2. Anti nutritional factors
3. Omega fatty acids
4. Iron deficiency anemia
5. Protein energy malnutrition
6. Nutritional requirements during pregnancy
7. Factors affecting BMR
8. Immuno-nutrition
9. Heat processing on nutrients
10. Food adulteration

III. Short Answers:

(10 X 2 =20)

1. Nutritional status
2. Pectin
3. Advantages of germination
4. Pellagra
5. Water intoxication
6. Isoflavones
7. RDA – Protein & calcium during lactation
8. Aspartame
9. Uses of cinnamon
10. Allicin
