

THIRD B.N.Y.S. DEGREE EXAM - FEBRUARY 2013
MASSAGE, OSTEOPATHY, CHIROPRACTICE AND
AROMATHERAPY

Q.P. CODE: 821522

Time: Three Hours

Maximum : 100 Marks

ANSWER ALL QUESTIONS

I. ESSAY QUESTIONS:

2 X 15= 30

1. Write down physiological effects of massage nutrition, haematogenesis, phagocytosis, excretory system and nervous system.
2. Methods of using aroma oils.

II. SHORT NOTES:

10 X 5= 50

1. Physiological effects of Aromatherapy.
2. Carrier oils.
3. Essential oils.
4. Classification of stroking and friction.
5. Joint movements.
6. Uses of petrissage.
7. Indications of massage.
8. Powder massage.
9. Diagnostics methods in Osteo and Chiropractice.
10. Precaution for massage.

III. SHORT ANSWERS

10 X 2= 20

1. Uses of Head massage.
2. Romi – Romi.
3. Navarakizhi.
4. Uses of Black pepper oil.
5. Movements in Facial massage.
6. Define Osteopathy.
7. Shiatsu.
8. Rosemary.
9. YlangYlang.
10. Mixing of Aroma oils.
